



TRANSPERSONAL THERAPIST DIRECTORY

*Licensed transpersonal therapists
and unlicensed transpersonal practitioners*

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INSTITUTE OF TRANSPERSONAL PSYCHOLOGY
1069 E Meadow Circle, Palo Alto, CA 94303

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ALASKA

Bibee, Bruce

MA in Transpersonal Psychology, Licensed Professional Counselor (LPC) 206

5100 Cordova Street, #208

Anchorage, AK 99503 USA

907-562-1242

thebruce@alaska.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy

Populations: Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Crisis, Trauma Victims, Axis I, Axis II

Theoretical orientations: Eclectic-Transpersonal

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Influenced by: Irene Lazarus

Practiced since: 1985

Hourly charge: 100

Specializations: Domestic violence, Abuse recovery, Kung-Fu Master, owns a school in Anchorage since 1982

CALIFORNIA

BAY AREA

Adams, Ina

MA MFT

3326 Victoria Ave

Santa Clara CA 95051

408-244-4815

inaadams@aol.com

Services: Consultation, Psychotherapy

Population: Children, Adolescents, Adults, Couples,

Trauma, Depression, Anxiety

Theoretical orientations: Jungian, Transpersonal, Ego Dynamic

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology (1982)

Practiced Since: 1974

Hourly charge: \$85.00 Sliding Scale & Student Rate

Eligible for Insurance

Specializations: Trauma recovery, Sandplay, EMDR

Adler, Barbara

MA MFT

533a Castro Street

San Francisco CA 94114

415-284-6155

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Population: Adults, Couples, Parenting, Terminally ill, Crisis, Trauma victims, Depression, Anxiety

Theoretical orientations: Self, Self mastery, Object-Relations

Practiced Since: 1993

Hourly charge: \$80-120 Sliding Scale, Eligible for Insurance

Specializations: EMDR, Victims of crime/trauma, Sexual orientation, Gender identity, Kink Aware, Grief, HIV/AIDS

Albert-Ozga, Natalie

MA ITP MFT (MFC39113)

8070 Soquel Dr., Suite 210

Aptos, CA 95003 USA

831-662-1780

natalieao@sbcglobal.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy

Populations: Adolescents, Adults, Couples, Parents, Crisis, Trauma, Axis I and II

Theoretical orientations: Holistic, Transpersonal, Somatic, Psychoanalytic, Developmental, Depth, Bodydynamic

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Bodydynamic Institute

Influenced by: Ken Wilber, Kohut, Peck, Hendrix, Lowen, Reich

Practiced since: 1995

Hourly charge: \$120 Sliding Scale and Student Rate Eligible for Insurance

Specializations: Shock trauma

Natalie is a licensed psychotherapist, state certified clinical supervisor, trainer of therapists, group facilitator, and consultant. She has a private practice in Santa Cruz, CA utilizing transpersonal and somatic developmental psychotherapy, and is an Adjunct faculty member of JFK University Graduate School of Holistic Psychology, as well as a Clinical Supervisor for JFK's Counseling Center. She has been involved with the Bodydynamics Cognitive Body-Psychotherapy Training for 15 years, teaches workshops and trainings, and serves as an active working member of the Board of Directors for Bodydynamic Institute USA, and is co-training with Bodydynamic International, in both Denmark and Greece. She also collaborates with Santa Cruz County Mental Health, Community non-profit Agencies, and has vast experience working with diverse populations using a Holistic Approach. Natalie has a unique presence that provides both a container for and impetus toward transformation, and a particular skill in working with integrating peak experience and spiritual openings.

Alzak, Amlani

PhD Psychologist

220 California Ave, #120

Palo Alto CA 94306

650-325-8393

alzak@earthlink.net

Services: Consultation, Psychotherapy, Teaching, Forensic

Populations: Adults, Couples, Elderly, Women, Men, Trauma victims, Cross-cultural, Gay/Lesbian

Theoretical orientations: Transpersonal, Psychodynamic, Jungian, Object-Relations

Practiced Since: 1994

Hourly charge: \$90-120 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Eating disorders, Diamond Heart, Vipassana

Amodeo, John

MA & PhD in Transpersonal Psychology MFT (MFC14453)

946 Irving Street

San Francisco, CA 95444 USA

415-681-1030

johnamodeo@aol.com

Services: Psychotherapy, Teaching

Populations: Adults, Couples, Parents, Elderly, Terminally ill, Trauma, Axis I

Theoretical orientations: Humanistic/Existential, Focusing, Somatic Experiencing

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology (1981)

Influenced by: Abraham Maslow, Carl Jung, Daniel Goleman, Roberto Assagioli, Stan Grof, Jack Kornfield, John Welwood, Ken Wilber, Robert Kantor, Francis Vaughan, Roger Walsh

Practiced since: 1980

Hourly charge: \$100, Eligible for Insurance

Specializations: Bio-Spiritual Focusing; Immersion in meditation and spiritual wisdom for over 30 years, Certified Focusing

Trainer; Training in Somatic Experiencing; Vipassana Meditation; Tai Chi; Yoga

Author of three books on relationships and spirituality, Adjunct Faculty Member, Institute of Imaginal Studies, Coordinator of the Focusing/Buddhism Interface for the Focusing Institute, Frequent media guest, including appearances on CNBC, Donahue, New dimensions, and NPR stations.

Arthur, Lisa J. Ferguson

MFT Intern # 51827, Supervised by Harris Clemes, Ph.D. licensed psychologist #2651

P.O. Box 66146

Scotts Valley, CA 95067

(Office in Soquel, CA)

831-345-4700

lisajarthur@ontheparentingpath.com

Services: Psychotherapy, Prenatal and Parenting Support, Workshops

Population: Individuals, families, and groups

Theoretical orientations: Transpersonal, Somatic, Process-oriented, Expressive Arts
Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology; Process-oriented Psychodrama Training; Birthing From Within Level 1 Training; Somatic Process-oriented Psychotherapy Training; Drum Circle and workshop facilitation training
Hourly charge: \$65/hour, Private Only, No insurance
Population: Adults, Couples, Families, Elderly, Women, Men, Crisis intervention, Infertility, Sexual dysfunction
Theoretical orientations: Eclectic, Supportive Cognitive
Practiced Since: 1971
Hourly charge: \$140.00 Sliding Scale, Private Only
Specializations: Marital, Depression, Anxiety, Conflict resolution

Atzmon, Orit

PhD Psychologist
550 Hamilton Ave, #339
Palo Alto CA 94301
650-328-2608
atzmon@robotics.stanford.edu
Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy
Population: Adolescents, Adults, Couples, Parenting, Crisis, Trauma, International Community, Israeli Community
Theoretical orientations: Psychodynamic, Psychoanalytic
Practiced Since: 1984
Hourly charge: \$120-180 Sliding Scale & Student Rate, Private Only

Barzman, Anita

MD Psychiatrist
2685 Marine Way, #1211
Mountain View, CA 94043
650-938-1865
Services: Consultation, Psychotherapy, Supervision, Teaching
Population: Adults, Couples, Women, Men, Trauma victims
Theoretical orientations: Jungian Analysis, Alchemical, Homeopathy
Practiced Since: 1984
Hourly charge: \$160.00 Sliding Scale, Private Only
Specializations: Long-term deep psycho-spiritual suffering

Bento, William

Transpersonal Clinical Psychologist
Licensed psychologist PSY22675
Center for Living Health
11344 Colomba Road,, Suite 445
Gold River, CA 95670
916-222-7299

Blumberg, Daniel

MD Psychiatrist
309 Cedar St., #26
Santa Cruz CA 95060
831-425-3415
Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy
Population: Adults, Couples, Families, Elderly, Terminally ill, Women, Men
Theoretical orientations: Cognitive-Behavioral, Humanistic, Existential, Transpersonal, Hypnosis
Practiced Since: 1980

Brigel, Faith

LCSW

518 Byron Street
Palo Alto, CA 94301
650-326-2336
faithwb@att.net

Services: Assessment, Consultation, Psychotherapy, Group therapy

Brown, Brooke

PhD Psychologist PSY15245
100 Tamal Plaza, Ste. 195
Corte Madero, CA 94925 USA
415-458-3177
brooke_brown@sbc.global.net

Services: Psychotherapy, Teaching

Populations: Adults, Parents, Elderly, Terminally ill, Crisis, Trauma

Theoretical orientations: Transpersonal-Humanistic

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, AHP and ITA conferences

Influenced by: Frances Vaughn, Roger Walsh, Angeles Arrien, Charlotte Lewis

Practiced since: 1990

Hourly charge: \$100, Sliding Scale

Specializations: EMDR

I tailor my approach to the individual client, emphasizing their inner subjective experience and body awareness. I incorporate mindfulness techniques and Buddhist teachings in working with clients when applicable, I use EMDR for trauma work as well as performance enhancement, and I enjoy working with clients' dreams.

Buffkin, Andrea

Marriage and Family Therapist
334 Village Lane, Los Gatos, CA 95030
(650) 336-4877
nikffubja@gmail.com

Services: Psychotherapy

Population: Adults, Adolescents, Couples, and Families

Theoretical orientation: Psychosynthesis

Fees: \$130 or Sliding Scale depending on income anywhere from \$30-\$130

Burgard, Deb

PhD Psychologist
4966 El Camino Real, Suite 219
Los Altos, CA 94022
650-321-2606
debburgard@aol.com

Services: Consultation, Teaching, Individual & Group Psychotherapy

Population: Adults, Couples, Women

Theoretical orientations: Feminist, Cognitive-Behavioral, Psychodynamic/Interpersonal/Existential

Practiced Since: 1985

Hourly charge: \$80-120 Sliding Scale, Eligible for Insurance

Specializations: Eating disorders, Weight preoccupation,

Body image, Depression, Women's issues, Relationships, Sexuality, GLBT

Byster, Diane

MFT
667 Lytton St., #7
Palo Alto, CA 94301
650-482-9577
byster@best.com

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Career Counseling

Population: Adolescents, Adults, Couples, Women, Men, Depression, Relationship Transition
Theoretical orientations: CBT, Family Systems, Control Mastery
Practiced Since: 1996
Hourly charge: \$80-110 Sliding Scale & Student Rate, Eligible for Insurance
Specializations: Personal writing

Corson, Roberta

PhD Psychologist
4000 Moorpark Ave, Suite 208
San Jose, CA 95117
408-247-1774
Services: Psychotherapy
Population: Adults, Couples, Parenting, Elderly, Terminally ill, Trauma victims, Depression, Anxiety, Spiritual crisis, Midlife issues, Women's issues
Theoretical orientations: Analytic Psychology (Depth/ Jungian)
Practiced Since: 1996
Hourly charge: \$100-130 Sliding Scale & Student Rate, Private Only
Specializations: Dreams, Spiritual, Adult development

Costeines, Michael

Ph.D., Clinical Psychology
Stillpoint Center for Depth Psychotherapy
295-A Fell Street, San Francisco
(650)851-1952
www.HalcyonPsychology.com
mcosteines@gmail.com
Services: Psychotherapy, Psycho-spiritual testing & evaluation
*Theoretical orientation:*s Psychosynthesis, Transpersonal, Depth psychology
Fees: Sliding Scale, on individual basis
Specializations: Healing of Primal Wounding; Individuation; Self-realization, Unitive /Non-dual spirituality; Spiritual Awakening

Crawford, Catherine

MA MFT
201 San Antonio Circle, Suite 212
Mountain View, CA 94040
650-562-1838
catherine@lifepassage.com
Services: Psychotherapy, Supervision
Population: Children, Adolescents, Adults, Couples, Women, Trauma, Therapists
Theoretical orientations: Jungian, Expressive Arts
Practiced Since: 1989
Hourly charge: \$100.00 Sliding Scale, Private Only
Specializations: Women, Life Transitions, Creative & Intuitive Support, Registered Art Therapist, Movement Therapy, Meditation

Davis Genelli, Lyn

MA MFT
3107 Fillmore Street, Suite 301
San Francisco, CA 94123
415-563-6609
davisgenellie@earthlink.net
Services: Consultation, Psychotherapy, Teaching, Group Therapy
Population: Adults, Couples, Terminally ill, Trauma, Depression, Anxiety, Eating Disorders
Theoretical orientations: Somatic, Transpersonal, Cognitive, Yogic

Druffel, Pauline

MA in Transpersonal Psychology MFT
922 Saratoga Ave., Suite 100
San Jose, CA 95129 USA
408-557-8105
pjdruffel@yahoo.com
Services: Consultation, Psychotherapy

Earls, Mari-Lynne

MA LMFT
550 Hamilton Ave, Suite 207
Palo Alto, CA 94301
650-323-4330
Services: Consultation, Psychotherapy, Teaching
Population: Children, Adolescents, Adults, Couples, Families, Women, Men, Crisis intervention, Trauma victims, Eating disorders
Theoretical orientations: Psychodynamic, Family Systems, Object-Relations
Practiced Since: 1994
Hourly charge: \$50.00 Sliding Scale
Specializations: Psychoanalysis, Spiritual crisis

Eaton, Scott

MFT
533 A Castro Street
San Francisco, CA 94114
415-487-1705
scotteaton@mindspring.com
Services: Consultation, Psychotherapy, Supervision, Teaching
Population: Adults, Terminally ill, Women, Men, Trauma victims, Recovery, Spiritual issues, Gay & Lesbian
Theoretical orientations: Somatic, Transpersonal
Practiced Since: 1988
Hourly charge: \$120.00 Sliding Scale, Eligible for Insurance
Specializations: Relationship dynamics, Communication, Anger, Certified Hakomi therapist and teacher

Elvebak, Marti

MA MFT
350 Second St, Suite #1
Los Altos, CA 94022
650-949-0456
marti.elvebak@mindspring.com
Services: Consultation, Psychotherapy
Population: Adults, Couples, Women, Men
Theoretical orientations: Psychosynthesis, Hakomi Body-Centered Therapy
Practiced Since: 1992
Hourly charge: \$125.00 Sliding Scale & Student Rate

Evans, Christine

PhD ITP Psychologist PSY18533
2680 Bayshore Parkway, Suite 104
Mountain View, CA 94043 USA
(650) 314-0193 x2
christine4arts@aol.com
www.living-arts-center.com
Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy, Expressive Arts
Populations: Adolescents, Adults, Couples, Parents, Terminally ill, Crisis, Trauma, Axis I and II, Spiritual Emergence, Grieving, Recovery
Theoretical orientations: Integral, Humanistic, Feminist, Transpersonal, Expressive Arts, Cognitive-Behavioral
Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Influenced by: Mark Epstein, Carl and Natalie Rogers, Jung, Adler, O'Laiore, Wilber

Practiced since: 1997

Hourly charge: \$125, Sliding Scale and Student Rate (\$100), Eligible for Insurance

Specializations: Registered Expressive Arts Therapist, PTSD, Meditation, Grief, Hospice, Attitudinal healing

Psychotherapy provides an opportunity to heal and grow. I support people to know themselves more fully and to take healthy steps in their lives. It is natural and necessary to change throughout life. Life circumstances, internal

Ferber, Rosine

PhD, MFT, ATR-BC

Community Health Awareness Council

711 Church Street

Mountain View, CA 94041

650-799-0120

rferber@aol.com

Foor, Daniel

MFT#46692, PhD

Address: Mountain View, CA

Email: danielfoor@yahoo.com / www.ancestralmedicine.org

Population: Mixed, inclusive, open

Services: Spiritual guidance, shamanic healing, mentorship

Theoretical orientation: Earth-honoring, transpersonal, depth psychology

Training: MACP from ITP, PhD from Saybrook

Practice experience: Over 15 years' involvement in community ceremony/ritual, 10 years' experience leading groups/circles, and a private practice in spiritual guidance for 6 years.

Hourly Rate: \$80/hr

Specialization: Although I am a licensed MFT, I do not currently provide formal psychotherapy services. My practice is in spiritual guidance/healing and mentorship in earth-honoring traditions.

Forman, Mark

PhD Psych Assistant

Center for Integrative Medicine

2016 Forest Ave, Suite 7

San Jose, CA 95128

408-286-4325

Services: Psychotherapy, Teaching

Population: Adolescents, Adults, Couples, Crisis, Depression, Anxiety, Chronic Pain, Relationship and Identity Issues, Spiritual Issues

Theoretical orientations: Integral, Clinical-Developmental

Practiced Since: 2002

Hourly charge: \$35-65 Sliding Scale & Student Rate, Private Only

Freed, Norman

PhD Psychologist

411 Kipling Street

Palo Alto CA 94301

650-327-4792

Services: Consultation, Psychotherapy, Supervision, Group Therapy

Population: Adults, Couples, Trauma

Theoretical orientations: Psychodynamic, Cognitive-Behavioral, Eclectic

Practiced Since: 1974

Hourly charge: \$170.00 Sliding Scale

Specializations: Patients for which previous treatment has been inadequate, *restlessness, or relationships with others make evident the need for change. In therapy I walk with people as they discover their own unique paths to wholeness. Expressive arts and spiritual practices can facilitate the process of self-reflection. I make space for clients to open doors to the unconscious and access unexpected insights by exploring inner experiences with art materials, movement, music, writing, or meditation.*

Fisher, Jan

PhD in Transpersonal Psychology, Psychologist (16569)

2680 Bayshore Parkway, Suite 104

Mountain View, CA 94043 USA

650-314-0193

jan@living-arts-center.com

www.living-arts-center.com

Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy, Workshops, Expressive Arts Facilitation

Populations: Adults, Elderly, Crisis, Trauma Victims, Axis I and II, Caregiving Issues, Relationships, Social Phobia, Spiritual Exploration

Theoretical orientations: Transpersonal, Expressive Arts Therapy, Client-Centered, Object Relations, Cognitive-Behavioral Therapy, Authentic Movement, Psychodynamic Therapy

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Authentic Movement Institute

Influenced by: Adyashanti, Janet Adler, Jill Mellick, Ken Wilber, Jung, William James

Practiced since: 1996

Hourly charge: \$125, Sliding Scale and Student Rate (\$100) Eligible for Insurance

I have a client-centered, open-ended style of working with clients, following clients where they would like to go. As we establish a working relationship, I may have suggestions and insights, or options for behavioral changes to try. I believe that everyone, even those in distress, has an inner wisdom that will lead them to health and wholeness. In therapy, the path to this inner wisdom may be through emotional expression, insights, thoughts, intuition, the body, spirit, creativity, or action. It is my privilege as a therapist to offer options and to witness the unfolding of each person's truth.

Gauthier, Julie

PhD Psychologist (Psy 20200)

1220 University Drive, Suite 202

Menlo Park, CA 94025

650 473-1414

julieagauthier@hotmail.com

Services: Psychotherapy, Teaching, Group Therapy

Populations: Adults, Couples, Parents, Elderly, Terminally ill, Crisis, Trauma, Axis I and II, Groups

Theoretical orientations: Eclectic, Object-Relations, Attachment Theory, Jungian

Influenced by: Robert Walters, Harris Clemes, Marion Woodman, Paul Roy, Bert Parlee

Practiced since: 2000

Hourly charge: &160-170 per couple/Sliding Scale to \$120 for students. Eligible for Insurance

Specializations: Traumatic Incident Reduction (TIR), Couples counseling, Psychodrama, Focusing

I believe that we live in a relational context and that our capacity for relationship with others depends on our capacity for relationship with ourselves. I work with all clients to increase awareness of themselves and their patterns, both healthy and unhealthy, to have greater choice and freedom in the way they live their lives and experience themselves and others. The issues I work with include: Depression, anxiety, abandonment, infertility, grief, trauma, transition issues like midlife, loss, and divorce, self-awareness & acceptance, relationship challenges & communication, empowerment, addiction, body image, embodiment, issues with food, eating, & weight, development of healthy coping skills.

Golden, Gloria

PhD Psychologist

550 Hamilton Ave, Suite 228

Palo Alto, CA 94301

650-325-4275

Services: Consultation, Psychotherapy, Supervision, Group therapy

Population: Adults, Couples, Terminally ill, Women, Men, Care giving

Theoretical orientations: Psychoanalytic

Practiced Since: 1992

Hourly charge: \$135.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Depression, Abuse, Relationships, Chronic illness, Cancer, Teaching at SFPI Extension

Genelli, Tom

PhD Psychologist

3107 Fillmore Street

San Francisco CA 94123

415-563-6609

tom@conard.org

Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy

Population: Adults, Couples, Elderly, Life Transitions, Spiritual Emergence, Death and Dying

Theoretical orientations: Transpersonal, Psychodynamic, Body Psychotherapy

Practiced Since: 1985

Hourly charge: \$125.00 Sliding Scale & Student Rate, Private Only

Specializations: Problems of individuation/differentiation, Schnarch Couples Work, Entheogenic Studies

Giacalone, Arthur

PhD Psychologist

605 Preakness Dr.

Walnut Creek, CA 94597

925-256-9069

arturgia@pacbell.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Population: Adolescents, Adults, Couples, Families, Spiritual Emergence/Emerging

Theoretical orientations: Contemplative, Existential/Phenomenological, Experiential

Practiced Since: 1978

Hourly charge: \$125.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Experiential, Meditation, Somatic, Biodynamic psychotherapy

Giles, Sophie

PhD Psychologist

700 W Parr Ave, Suite K

Los Gatos, CA 95032

408-907-3194

sofisea@earthlink.net

Services: Psychotherapy

Population: Adults, Couples, Parenting, Elderly, Crisis, Trauma victims, Depression, Anxiety, Gender Issues, Coming Out, Acculturation, Divorce, Shyness, Midline Issues, Care Giver, Grief, Dream Work, Couple's Communication

Theoretical orientations: Jungian, Person Centered, Cognitive

Practiced Since: 2000

Hourly charge: \$120.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Life Transition, Recovery from dysfunctional relationships, PTSD, EMDR, Suicide and crisis, LGBT

Greenwell, Bonnie

PhD LMFT

22375 Rolling Hills Rd.

Saratoga CA 95070

408-257-6241

kundinfo@mindspring.com

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Population: Adults, Couples, Spiritual Emergence

Theoretical orientations: Jungian, Transpersonal, Non-dualist therapy, Process oriented therapy, Sandtray Therapy, Kundalini Awakening

Practiced Since: 1980

Hourly charge: \$50-90 Sliding Scale, Private Only

Specializations: Radiance Breathwork, Ashtanga Yoga, Kundalini Yoga, Process Acupressure, Zen Meditation, Guided imagery, Dissertation on Kundalini awakening

Guy, Albert

Ph.D. Psychologist

Address: 3036 Regent Street, Berkeley, CA 94705

Email: guy@guyalbert.com

Voice mail & fax: 510-496-3447

www.guyalbert.com

Population: Children, teens, adults, couples.

Services: Individual, couples therapy, supervision, training.

Theoretical orientation: Transpersonal, Jungian

Training: MA in Counseling Psychology (ITP), Ph.D. in Clinical Psychology (ITP), Candidate in training at CG Jung Institute of San Francisco.

Practice experience: Since 1998.

Hourly Rate: Sliding scale \$50-\$135.

Specialization: Dreams, spiritual emergency, depth psychology, sandtray, and play therapy.

Heathcote, Olivia

MA MFT

15750 Winchester Blvd. #105

Los Gatos, CA 95030

408-920-2990

droliviaadh@aol.com

Services: Assessment, Consultation, Psychotherapy, Teaching

Population: Children, Adolescents, Adults, Women, Men, Parenting

Theoretical orientations: Psychodynamic, Object-Relations, Eclectic

Practiced Since: 1992

Hourly charge: \$100.00 Sliding Scale, Eligible for Insurance

Specializations: Dream work, Hypnosis, Sandplay therapy
(Jungian)

Hennigan, Kari

Licensed Clinical Psychologist, PSY 22065

City and County of San Francisco, Human Services Agency

Haight Ashbury Free Clinics/Jail Psychiatric Services

Higgins, Jessica

PhD in Clinical Psychology, License Professional Counselor (LC-5464)

Practice Address: 1035 Pearl Street, Suite 400,

Boulder, CO 80302

303-506-8057

<http://www.drjessicahiggins.com>

Services: Psychotherapy and counseling services: Individual, couples, and family sessions. I also offer groups, workshops, classes, and retreats.

Population: Couples, teens, adults, and older adults.

Training & Practice experience: Over 12 years of experience in the mental health profession

Fees: \$120

Specialization: helping couples and individuals handle conflict and challenges in their relationship as an opportunity for growth.

Hilberg, Jason

PsyD Psychologist

855 Oak Grove Ave, Ste. 201

Menlo Park, CA 94025

650-289-9078

Services: Psychotherapy

Population: Children, Adolescents, Adults, Parenting, Crisis, Depression, Anxiety

Theoretical orientations: Psychodynamic, Cognitive-Behavioral

Practiced Since: 1995

Hourly charge: \$150.00, Private Only

Hill, Richard

PhD Psychologist

2625 Zanker Road

San Jose, CA 95134

408-354-6783

richard@hillphd.org

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy
Population: Children, Adolescents, Adults, Couples, Families, Elderly, Terminally ill, Women, Men, Crisis intervention, Trauma victims
Theoretical orientations: Psychodynamic, Humanistic, Transpersonal, Integrative, Integral
Practiced Since: 2003
Hourly charge: \$50-95 Sliding Scale, Eligible for Insurance
Specializations: Addiction, Trauma, Abandonment, Christian mysticism

Hoffspiegel, Joyce

PhD Psychologist
514 Bryant Street, #106
Palo Alto, CA 94301
650-473-9212
mindoc4u@aol.com

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy
Population: Adolescents, Adults, Couples, Families, Elderly, Terminally ill, Women, Men, Crisis interventions, Trauma victims, Gay and Lesbian
Theoretical orientations: Psychodynamic, Ego developmental, Humanistic, Existential, Cognitive-Behavioral
Practiced Since: 1969
Hourly charge: \$175.00, Eligible for Insurance
Specializations: Personality disorders, Trauma

Integrated Healing Arts

4157-4161 El Camino Way
Palo Alto, CA 94306
www.integratedhealing.com

Services: Psychotherapy
Theoretical orientations: Process
Specializations: Medical practitioners, Complementary medicine practitioners, Mind-body workers

ITP's Community Center for Health and Wellness

774 San Antonio Rd Suite 22 /24
Palo Alto, CA 94303
650-493-5006

Services: Psychotherapy, Group Therapy
Population: Children, Adolescents, Adults, Couples, Elderly, Terminally ill, women, Men, Trauma Victims, Sexual abuse, Spiritual emergence, Multi-cultural
Theoretical orientations: Psychodynamic Therapy, Humanistic/Transpersonal Therapy, Interpersonal Therapy, Somatic Based Therapy, Creative Expression Therapy, Cognitive Behavioral Therapy, Gestalt Therapy, Mindfulness Based Therapy and Creative Expression Therapy.
Hourly charge: \$95.00, Sliding Scale, Eligible for Insurance
Specializations: Sandtray, Lesbian/Gay

Jackson, Jacqueline

PhD Psychologist
800 Menlo Ave #209
Menlo Park CA 94025
650-321-5206

Services: Consultation, Psychotherapy, Teaching
Population: Adolescents, Adults, Couples, Families, Women, Men
Theoretical orientations: Cognitive Behavioral, Psychodynamic
Practiced Since: 1985
Hourly charge: \$125.00 Student Rate, Private Only

Jama-Everett, Ayize

MA MFT
528 Market Street, Suite 1200
San Francisco, CA 94104

510-420-2342

ayize@college-prep.org

Services: Psychotherapy, Teaching, Group

Population: Adolescents, Chronically mentally ill, Queer, Multi-cultural, Trauma, Sexual abuse

Theoretical orientations: Psychodynamic, Humanistic, Sanon based therapy

Practiced Since: 2001

Hourly charge: \$65.00 Sliding Scale

Jelane, Berget

MA MFT

523 Winterberry Way

San Jose, CA 95129

408-973-8444

bbjelane@earthlink.net

Services: Consultation, Psychotherapy, Supervision

Population: Adults, Couples, Families, Elderly, Terminally ill, Women, Men, Crisis intervention

Theoretical orientations: Transpersonal/Spiritual, Eclectic, Client-centered, Mindfulness-based, Body-centered, Cognitive, Gestalt, Developmental, Meditation-enhanced therapy

Practiced Since: 1980

Hourly charge: \$85.00 Sliding Scale, Eligible for Insurance

Specializations: 17 years of meditation practice, Teaches Meditation

Johnson, Bret

PhD Psychologist

85 Saratoga Ave #127

Santa Clara, CA 95051

831-426-8901

Services: Assessment, Consultation, Psychotherapy, Teaching

Population: Children, Adults, Couples, Parenting, Crisis, *Depression, Anxiety, Gay/ Lesbian*

Theoretical orientations: Cognitive-Behavioral, Psychodynamics

Practiced Since: 1988

Hourly charge: \$80-150 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Relationships & personal growth

Joncas-Carrell, Surya Sati

PhD MFT

1208 Navlet Court

Sunnyvale CA 94087

408-313-7553

sanjaya.a@earthlink.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group therapy, Non-Denominational Spiritual Growth work, Spiritual practices, Mental Health and Educational Program design

Population: Children, Adolescents, Adults, Couples, Families, Elderly, Crisis, Trauma

Theoretical orientations: East-West Psychotherapy, Yoga Psychology, Cognitive-Behavioral, Gestalt, Family and Groups Systems, Growth focused rather than psychopathology focused

Practiced Since: 1989

Hourly charge: \$95-150 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Ten years as an eastern spiritual monastic, Clairvoyant information, Past-life info, Higher sense perception, and Energy work when desired by client, Specialist in clinical supervision and mental health program design

Kaplan, Jill

MFT

770 Menlo Ave, Suite 201

Menlo Park CA 94025

650-364-4670

jillkk@earthlink.net

Services: Consultation, Psychotherapy

Population: Children, Adults, Couples, Women, Trauma victims, Domestic violence, Parenting

Theoretical orientations: Depth Psychotherapy, Relational Psychotherapy
Practiced Since: 1997
Hourly charge: \$100.00 Sliding Scale & Student Rate
Specializations: Sandplay for adults & children

Kearney, Lynn

MFT Intern
201 San Antonio Circle C125
Mountain View CA 94040
650-513-5556
jlkearney@usa.net
Services: Consultation, Psychotherapy, Group Therapy
Population: Children, Adolescents, Adults, Couples, Families, Elderly, Terminally ill, Women, Men, Crisis intervention, Trauma victims
Theoretical orientations: Depth Psychotherapy, Jungian
Practiced Since: 2000
Hourly charge: \$45-65 Sliding Scale & Student Rate, Private Only

Kermit, Kathy

PhD Psychologist
201 San Antonio Circle 212
Mountain View CA 94040
650-949-1102
kathykermit@yahoo.com
Services: Psychotherapy, Teaching
Population: Children, Adolescents, Adults, Couples, Trauma, Chronic illness, Pain
Theoretical orientations: Psychodynamic, Biophysiological
Practiced Since: 2001
Hourly charge: \$150.00 Sliding Scale, Eligible for Insurance
Specializations: Neurological biofeedback for peak performance training, Mood and anxiety disorders, Sleep problems, Focus and concentration

Kessler, Alan

PhD Psychologist & MFT
20688 Fourth Street
Saratoga CA 95070
408-868-9405
amkessler@comcast.net
Services: Consultation, Psychotherapy, Supervision, Teaching, Psychoanalysis
Population: Adults, Couples, Families, Crisis, Trauma
Theoretical orientations: Psychodynamic, Psychoanalysis, Family Therapy, Systems Theory
Practiced Since: 1986
Hourly charge: \$75-130 Sliding Scale & Student Rate, Private Only
Specializations: Depression, Self-defeating behaviors

Khamsi, Stephen

PhD MFT
2475 Washington Street
San Francisco CA 94115
707-996-9434
skhamsi@sbcglobal.net
Services: Consultation, Psychotherapy
Population: Adults, Couples
Theoretical orientations: Client-Centered, Humanistic
Practiced Since: 1976
Hourly charge: \$80-110 Sliding Scale, Eligible for Insurance

Kiernan, Bette

MFT

366 California Ave, Suite 8

Palo Alto CA 94306

650-324-3639

Services: Psychotherapy, Group Therapy

Population: Adults, Couples, Families

Theoretical orientations: Jungian, Psychodynamic, Cognitive

Practiced Since: 1983

Hourly charge: \$100.00, Private Only

Specializations: CISD

Kirkman, Ashley

MA MFT

2714 Telegraph Ave

Berkeley CA 94705

510-464-4641

Services: Consultation, Psychotherapy

Population: Adults, Couples, Parenting, Trauma, Depression, Anxiety

Theoretical orientations: Process Work, Sensorimotor Psychotherapy, Relational Psychotherapy

Practiced Since: 1995

Hourly charge: \$70-90 Student Rate, Private Only

Specializations: Somatic Psychotherapy, Wholeness, Integration of Self, EMDR, Physical Symptoms, Mind-Body Integration

Klein, Peter

PhD Psychologist

445 Burgess Dr., #150

Menlo Park CA 94025

650-599-2701

Services: Consultation, Psychotherapy, Supervision, Teaching

Population: Adults, Couples, Parenting, Depression, Anxiety

Theoretical orientations: Psychodynamic, Psychoanalytic

Practiced Since: 1986

Hourly charge: \$100-140 Sliding Scale & Student Rate, Private Only

Specializations: Couples

Larson, Judith

PhD Psychologist

2251 Grant Road, Ste. H

Los Altos CA 94024

650-326-7827

Services: Consultation, Psychotherapy

Population: Adults, Couples, Families, Crisis, Trauma

Theoretical orientations: Cognitive Behavioral Therapy, Existential, Psychodynamic, Client-Centered, Imago, Family Systems

Practiced Since: 1986

Hourly charge: \$140.00 Sliding Scale & Student Rate, Private Only

Specializations: End-of-Life/Bereavement/Grief counseling,

Coaching (dissertation process), Stress management, Life transition, Certified thanatologist

Langley, Ann

PhD, MFT (MFC 28542)

5 Woodside Plaza, #425

Redwood City, CA 94061 USA

650599-2616

anlan@sbcglobal.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching, Group Therapy, Psychoanalysis

Populations: Adolescents, Adults, Couples, Parents, Elderly, Terminally ill, Crisis, Trauma, Axis I and II
Theoretical Orientations: Transpersonally and Psychanalytically-informed Depth Psychotherapy
Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology
Influenced by: Frances Vaughn, Ken Wilber, Joseph Goldstein, Roger Walsh
Practiced since: 1981

Hourly charge: 150, Sliding Scale and Student Rate (\$75), Eligible for Insurance

Specializations: Rosen Method Body Work

I work with patients listening for the unconscious being revealed in the stories they tell me, thinking of what they say as a dream and then interpret the conflicts holding them back. I work in the transference to help the patient understand their relationships in their external world. I provide a consistent, reliable therapeutic container for the work to unfold.

Leontis, Carrie

PhD Psychologist

667 Lytton Ave

Palo Alto CA 94301

650-504-4511

mail@drlenotis.com

Services: Consultation, Psychotherapy, Teaching, Group Therapy

Population: Adolescents, Adults, Couples, Crisis, Trauma, Depression, Anxiety/Social Phobia, Relationships, Sexual Issues, Chronic illness/Medical Problems

Theoretical orientations: Cognitive-Behavioral, Interpersonal

Practiced Since: 2003

Hourly charge: \$90-150 Sliding Scale & Student Rate, Eligible for Insurance

Loffer, Shirley

PhD Psychologist

160 Saratoga Ave, Ste. 42

Santa Clara, CA 95051

408-248-6604x30

Services: Consultation, Psychotherapy, Group Therapy

Population: Adults, Elderly, Women, Men, Chronic illness

Theoretical orientations: Transpersonal, Behavioral medicine, Cognitive-Behavioral, Object-Relations

Practiced Since: 1992

Hourly charge: \$80-100 Student Rate, Eligible for Insurance

Specializations: Guided imagery, Hypnotherapy

Marlo, Helen

PhD Psychologist

1450 Chapin Ave, Suite 6

Burlingame, CA 94010

650-579-4499

Services: Consultation, Psychotherapy, Supervision, Teaching

Population: Children, Adolescents, Adults, Elderly, Terminally ill, Women, Men, Trauma victims

Theoretical orientations: Psychodynamic, Jungian, Depth oriented therapy

Practiced Since: 1991

Hourly charge: \$130.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Trauma, Sandplay

Mathieu, Ingrid

PhD in Clinical Psychology

Registered Psychological Assistant PSB34357

332 South Beverly Drive, # 103

Beverly Hills, CA 90212

310-229-5233

IngridSMathieu@gmail.com

Services: Psychotherapy

Population: Adults, Individuals and Couples

Hourly charge: \$125

Marriner, Cauletta

6605 Bret Harte Drive
San Jose CA 95120
408-927-9247

Theoretical orientations: Humanistic
Specializations: Worked at Redwood House

Miller, Jeffrey

PhD Psychologist
PhD Psychologist
366 California Ave, Suite 7
Palo Alto CA 94306
650-424-8826

jcmillertherapy@earthlink.net

Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy

Population: Children, Adolescents, Adults, Families, Elderly, Men

Theoretical orientations: Eclectic, Jungian, Developmental, Object-Relations

Practiced Since: 1996

Hourly charge: \$100-150, Private Only

Specializations: Addictions, Men's issues

Mineau, Davis L.

Ph.D., MFT License # (CA) MFC 20949

1040 Noel Drive, #204

Menlo Park, CA 94025

650-321-2588

dlmineau@aol.com

www.dmineau.com

Services: Private Practice offering psychotherapy and consultation, Teaching

Populations: Couples, Families, and Adolescents

Theoretical orientation: Emotionally-focused therapy, Differentiation approach, Narrative therapy, ACT

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Influenced by: Susan Johnson, Dan Wile, James Maddock, David Schnarch, Betty Dodson, Paul Joannides, Gina Ogden, Ramakrishna, Stephen Levine, Ram Dass, Joseph Goldstein, Therese of Liseaux, Teresa of Avila

Practiced Since: 1985

Hourly charge: \$140, Will discuss reduced rate, Can bill for insurance

Specializations: sulky adolescents males, battling couples, pre-marriage counseling, men and anger, sexual issues, depression

McWaters, Leanne

MA, MFT

851 Fremont Avenue, #214

Los Altos CA 94024

650-917-0173

leannemcwaters@comcast.net

Services: Psychotherapy, Teaching, Group Therapy

Population: Adolescents, Adults, Families, Elderly, Couples

Theoretical orientations: Process, Transpersonal, Hypnotherapy

Practiced Since: 1994

Hourly charge: \$90.00 Sliding Scale

Specializations: Bodywork, Polar Energy Balancing, Reiki, Tantra

Mitchell, Carolyn

PhD in Transpersonal Psychology

Psychologist PSY19906

800 Pollard Rd., B-201

Los Gatos, CA 95032 USA

408235-1566

celticdog@aol.com

Services: Assessment, Consultation, Psychotherapy, Teaching, Group Therapy

Populations: Adolescents, Adults, Couples, Parents, Elderly, Crisis, Axis I, Axis II, Creative Block, Work Place Issues

Theoretical orientations: Cognitive-Behavioral Therapy, Hypnosis, Interpersonal, Transpersonal, Holistic Mind-Body Medicine, Narrative/Solution-Focused Therapy

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Influenced by: Oisin, Milton Erickson, Michael Yapko, William James, Jack Kornfield...

Practiced since: 1997

Hourly charge: \$125, Sliding Scale

Specializations: Human-Animal Connection

McKay-Riddell, Valentine

PhD, Psychologist, Contemporary Shaman

1911 B Berryman St.

Berkeley CA 94709, USA

510-847-0412 / 510-558-3324

wholebeing@orenda-arts.org

www.orenda-arts.org

Services: Wellness counseling, holistic healing, shamanic services

Populations: Adolescents, Adults, Couples, Parents, Crisis, Trauma, Groups

Theoretical orientation: Transpersonal

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology (MACP, PhD), John F. Kennedy University, San Francisco Art Institute

Influenced by: Rogers, Gilligan, Pipher, Merchant, Warren, Miller, Griffin, Gomes, and numerous excellent artists and writers

Practiced since: 1985

Hourly charge: \$65 (sessions usually last 1 1/2 hours), sliding scale for students, financial hardship, No Insurance

Specializations: Women's Spirituality, especially self-empowerment of women and adolescent girls through reconnection with the Earth as Mother/Goddess. Ecospirituality, a shamanic model. Integration of Mind-Body-Spirit in healing. Art and Writing in healing.

Mixer, Alexandra

PhD, Registered Psychologist

711 Church Street, Mountain View, CA

(650) 965-2020

Dr.SmithMixer@gmail.com

www.chacmv.org

Population: Individuals, couples, families

Theoretical orientation: Transpersonal

Fees: Sliding scale

Specialization: Family planning; prenatal, pregnancy & parenting concerns; postpartum depression & anxiety; abortion & adoption counseling; pregnancy prevention counseling for at-risk teenagers and adults, psychoeducation for pregnant and parenting teenagers and adults.

Molten, Eve Marie

LCSW

1050 University Dr, Ste 200

Menlo Park CA 94025

650-322-0335

Services: Psychotherapy, Teaching, Group Therapy

Population: Children, Adolescents, Adults, Couples, Terminally ill, Women, Men, Eating disorders, Anxiety, Depression

Theoretical orientations: Psychodynamic, Cognitive Behavioral Therapy, DBT, Brief Therapy, Interpersonal

Practiced Since: 1985

Hourly charge: \$100.00 Student Rate, Eligible for Insurance

Morrill, Barbara

PhD Psychologist

220 California Ave

Palo Alto CA 94306
415-322-4680
bmorrill@earthlink.net
Services: Consultation, Psychotherapy, Teaching
Population: Adolescents, Adults, Couples, Women, Men, Multi-cultural
Theoretical orientations: Depth Psychotherapy
Practiced Since: 1990
Hourly charge: \$130.00 Student Rate, Eligible for Insurance

Ohah, Sven

PhD Psychologist
PO Box 2441
Saratoga CA 95070
408-867-0917
sven@drohah.com
Services: Assessment, Consultation, Psychotherapy, Group therapy
Population: Children, Adolescents, Adults, Couples, Families, Elderly, Terminally ill (esp. HIV+), Women, Men, Crisis intervention, Trauma victims, GLBTQ, Deaf/Hearing impaired
Theoretical orientations: Psychodynamic, Existential, Expressive Arts Therapy
Training in Transpersonal Psychology (TP): CIIS
Practiced Since: 1995
Hourly charge: \$75-100
Specializations: Coming out issues, Trauma recovery, Domestic violence, Expressive Arts Therapy Certification

Payne, Bonnie

PhD Psychologist (PSY 10697)
Social Worker (LCS 5238)
700 West Parr Ave, Suite K
Los Gatos, CA 95032 USA
408-370-1647
bonniepayne@earthlink.net
www.bonniepayne.com
Services: Consultation, Psychotherapy, Teaching
Populations: Adults, Parents, Elderly, Terminally ill, Crisis, Trauma victims, Axis I and II
Theoretical orientations: Transpersonal, Jungian, Gestalt, Expressive Arts, Relaxation, Relational therapy
Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, C.G. Jung Institute San Francisco
Influenced by: Frances Vaughan, Arthur Hastings, C. G. Jung, Joseph Henderson, Jiyu Roshi, Pema Chodron
Practiced since: 1971
Hourly charge: \$150, Sliding Scale and Student Rate (\$100), Eligible for Insurance
Specializations: Mood disorders, Chronic pain, psychophysical issues, Women's issues, Issues of meaning/spirituality
I believe that therapy works when your unique problems and strengths are understood, when insight opens you to self-acceptance, and when a living dialogue between conscious and unconscious is established. Problematic issues and symptoms are the psyche's meaningful communications about where and how growth and individuation are blocked. I use many techniques (including dream work, imagery, Gestalt, writing, art work) to access messages from the unconscious mind so that a healing dialogue is created between conscious and unconscious. The relationship between client and therapist is a safe, caring container that encourages authenticity so that you can more fully realize your true nature.

Pearson, Connie

MA MFT
W 1131 Luchessi Drive
San Jose CA 95118
408-268-2128
connie.pearson@worldnet.att.net
Services: Psychotherapy
Population: Adults, Couples, Trauma
Theoretical orientations: Process Therapy, Cognitive Behavioral, Somatic Experiencing Therapy, EMDR
Practiced Since: 1984

Hourly charge: \$75-\$95 Sliding Scale & Student Rate

Specializations: Depression, Anxiety, Couples, Pre-marital Counseling, Stress, Menopause, Transitions, Grief, Death and Dying, Survivors of Abuse, Co-dependency

Perez, Robert

PhD Psychologist
1777 Hamilton, Suite 212
San Jose CA 95125
408-391-9451
perezphd@concentric.net

Services: Neuropsychology, Consultation, Psychotherapy

Population: Adolescents, Adults, Spanish

Theoretical orientations: Cognitive Behavioral Therapy

Practiced Since: 1983

Hourly charge: \$135.00, Student Rate

Perlmutter, Ken

PhD Psychologist
467 Hamilton, Suite 21
Palo Alto CA 94301
650-322-5011
drperl@earthlink.net

Services: Psychotherapy

Population: Adolescents, Adults, Couples, Families

Theoretical orientations: Interpersonal dynamic, Relationship and System-based, Problem focused, Short Term Dynamic, Insight oriented

Practiced Since: 1981

Hourly charge: \$180, Sliding Scale & Student Rate, Eligible for Insurance

Peters, Carl

MD Psychiatrist
17360 Melody Lane
Los Gatos CA 95033
408-353-4440
carlepet@mindspring.com

Services: Consultation, Psychotherapy, Teaching, Group Therapy, DOES NOT PRESCRIBE MEDICATION

Population: Adults, Couples

Theoretical orientations: Transpersonal, Psychosynthesis

Practiced Since: 1959

Hourly charge: \$90-120 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Zen, Integral Yoga of Sri Aurobindo, Psycho-spiritual integration

Peterson, Barbara

PhD LMFT
4055 Second Street
Palo Alto CA 94306
650-493-3574

Services: Psychotherapy

Population: Children, Adolescents, Adults, Couples, Elderly, Terminally ill, Women, Men, Crisis intervention, Learning disabilities

Theoretical orientations: Eclectic, Client-centered

Practiced Since: 1985

Hourly charge: \$50.00 Sliding Scale, Eligible for Insurance

Specializations: Has had future clinicians in therapy for 15 Years

Pincus, Anne M.

PhD Psychologist
P.O. Box 234

530 Divisadero
San Francisco CA 94117
415-431-3331
singingdrm@aol.com
Services: Consultation, Psychotherapy, Supervision
Population: Children, Adolescents, Adults, Couples,
Crisis, Trauma
Theoretical orientations: Existential-analytic, Body/Somatic Oriented, Transpersonal (esp. Buddhist)
Practiced Since: 1980
Hourly charge: \$120.00 Sliding Scale, Eligible for Insurance
Specializations: Long-term in-depth adult work, PTSD (esp. chronic), Body-mind illness (of unknown origin), Somatic Experiencing, Organismic Body psychotherapy

Platner, Delphyne

PhD MFT
582 Market Street, Suite 1200
San Francisco CA 94104
415-262-0205
asherah2@earthlink.net
Services: Psychotherapy, Supervision, Teaching, Crisis intervention
Population: Adults, Families, Couples, Multi-cultural
Theoretical orientations: Humanistic, Holistic
Training in Transpersonal Psychology (TP): CIIS
Specializations: Trauma, Women's Spirituality, Body-mind, Rituals and rites of passage

Poletika, Nina

MA MFT
415 Cambridge Ave. #12
Palo Alto, CA 94306
650-269-1695
Services Provided: Psychotherapy
Population Served: Individuals, Couples, and Groups. Adults coping with aging parents.
Orientation: Existential-Humanistic, Transpersonal
Practiced Since: 2008
Insurance: No insurance taken. However, can provide a "Super Bill" for re-imbusement.
Alumnus: ITP Graduate
Specializations: Depression, Relational issues, Bereavement/Grief, Life and Identity Transitions, Existential concerns and crises.

Preston, Elizabeth

PhD Psychologist
4100-10 Redwood Road #126
Oakland, CA 94619
510-482-5344
Services: Assessment, Consultation, Psychotherapy, Supervision
Population: Children, Adolescents, Adults, Couples, Families, Women, Men, Trauma victims
Theoretical orientations: Psychodynamic, Cognitive, Family
Practiced Since: 1986
Hourly charge: \$85-110 Sliding Scale & Student Rate, Eligible for Insurance
Specializations: Trauma, Recovery from perfectionism, Certificate Forensic

Randall, Sylvia

PhD Psychologist
3872 Duncan Pl.
Palo Alto CA 94306
650-494-6402
snandsr@earthlink.net
Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy
Population: Adults, Families, Elderly, Couples, Trauma

Theoretical orientations: Gestalt

Practiced Since: 1965

Hourly charge: \$90-165 Sliding Scale, Eligible for Insurance

Specializations: Relationships, EMDR, Family of origin exploration, Office is 5 min from ITP, practiced over 30 years

Rowan, Kaye-Ailsa

Licensed Marriage and Family Therapist

1022 W Hedding St, San Jose, CA 95126

Phone: 408-390-3680

Website: www.kayeailsarowan.com

Email: therapist@kayeailsarowan.com

Services: Individual and family therapy

Population: Families, children ages 4 and up, teens, families, individual adults

Theoretical orientation : Psychosynthesis/Family Systems combination; Sandtray work

Fees: \$100/50-minute session; ask about adjusted fees for interns and others with low incomes

Specializations : Chronic illness; parenting and co-parenting support; adolescents; LGBT concerns; recent immigrants; life transitions

Sackett, Brian

PhD Psychologist

14901 National Ave, Suite 202

Los Gatos CA 95032

408-257-6662x2

besackett@comcast.net

Services: Consultation, Psychotherapy, Group

Population: Children, Adolescents, Adults, Couples, Elderly, Terminally ill, women, Men, Trauma Victims, Sexual abuse, Spiritual emergence

Theoretical orientations: Process Oriented Psychotherapy, EFT, Psychodrama

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Practiced Since: 1993

Hourly charge: \$90-100 Student Rate, Eligible for Insurance

Specializations: Trauma and sexual abuse, Integration of spirituality and daily life, Dealing with chronic illness, Relationship communication, 5 years of advanced psychodrama, Spiritual emergence network certificate

Sackett, Kristi

MFT

14901 National Ave, Suite 202

Los Gatos CA 95032

408-257-6662

Services: Assessment, Consultation, Psychotherapy

Population: Children, Adolescents, Adults, Couples, Families

Theoretical orientations: Bowen Family Systems, Object-Relations, Satir-based communication work

Practiced Since: 1992

Hourly charge: \$90.00 Student Rate, Eligible for Insurance

Specializations: Play therapy

Saunders, Lyn

PhD Psychological Assistant

1040 Noel Drive, Suite 105

Menlo Park CA 94025

650-599-2787

dr.lynsaunders@comcast.net

Services: Assessment, Psychotherapy, Teaching,

Group therapy

Population: Children, Adolescents, Adults, Couples, Parenting, Terminally ill, Trauma, Depression, Anxiety, Eating Disorders, GLBT, Diversity, Grief

Theoretical orientations: Humanistic, Client-centered, Psychoeducational, Nondual, Dream therapy, Relaxation, Contemplative psychotherapy

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Practiced Since: 2005

Hourly charge: \$135.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Contemplative and Buddhist psychology, Narrative therapy, Transpersonal and Medical hypnosis, Certified advanced regression therapist

Schellenberg, Jean

PhD Psychologist

4370 Alpine Road, Suite 203

Portola Valley CA 94028

650-482-9977

Services: Consultation, Psychotherapy, Teaching

Population: Children, Elderly, Terminally ill, Women, Men, Trauma victims, Bereavement, Spousal and sexual abuse, Spiritual Issues

Theoretical orientations: Jungian, Transpersonal, Cognitive Behavioral, Creative Expression, Sandplay

Practiced Since: 1997

Hourly charge: \$85-135 Sliding Scale, Eligible for Insurance

Specializations: EMDR, Eating disorders, Teacher since 1967

Schreckengost, Janice

PhD Psychologist

450 Ramona Street

Palo Alto CA 94301

650-345-2115

Services: Psychotherapy

Population: Adults, Couples, Crisis, Depression, Anxiety, Gay, Lesbian, Bisexual, Transgender

Theoretical orientations: Cognitive-Behavioral, Insight-oriented

Practiced Since: 1991

Hourly charge: \$80-120 Sliding Scale & Student Rate, Private Only

Sherlock, Phyllis

PhD Psychologist & MFT

1275 Dana Ave

Palo Alto CA 94301

650-325-8131

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Population: Adults, Couples, Elderly, Terminally ill, Women, Men, Crisis intervention

Theoretical orientations: Jungian, Eclectic

Practiced Since: 1979

Hourly charge: \$120.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Research interest in Wolf's archetypal images of women, EMDR, Focusing, Sandplay, Body therapy according to Ken Wilber

Smith, Karen

MA in Counseling Psychology MFT

15951 Los Gatos Blvd., Suite 12

Los Gatos, CA 95032 USA

408377-1610

klssmith@mindspring.com

Services: Assessment, Consultation, Psychotherapy, Teaching, Group Therapy

Populations: Children, Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Axis I, Axis II, Adult Children of Alcoholics, Women's Issues, Spiritual Issues

Theoretical orientations: Eclectic, Family Systems, Hypnotherapy

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Influenced by: Ina Adams

Practiced since: 2002

Hourly charge: \$95, Sliding Scale, Eligible for Insurance

Smith, Maris

LSCW

555 Middlefield Rd. #103C

Palo Alto CA 94301

650-322-8149

Services: Psychotherapy

Population: Adolescents, Adults, Couples, Women, Men, Crisis Intervention, Multi-cultural

Theoretical orientations: Cognitive, Redecision, Gestalt, Systems

Hourly charge: \$75.00, Eligible for Insurance

Specializations: Depression, Anxiety, Relationships, Lesbian/Gay

Schwanbeck, Lori

MFT

Address:

1480 Church St, San Francisco 94131, and 1346 4th Street, San Rafael 94960

lori@mindfulnesstherapy.org

Population: Adults - individuals and couples

Services: Psychotherapy, supervision, consultation, teaching, DBT skills group training

Theoretical orientation: DBT, Hakomi, transpersonal

Hourly Rate: \$140

Specialization: Couples, BPD, eating disorders, depression, anxiety.

Stromsted, Tina

PhD MFT

781 Cole Street

San Francisco CA 94117

415-668-7857

Tina@AuthenticMovement-BodySoul.com

Services: Psychotherapy, Consultation, Supervision, Teaching, Group therapy, Body-oriented psychotherapy, Expressive Arts Therapy, Authentic Movement, Marion Woodman's Body Soul Rhythms Approach.

Population: Adults, Women, Men

Theoretical orientations: Jungian depth psychology, Somatic psychotherapy, Women's spirituality

Training in Transpersonal Psychology (TP): SF CG Jung Institute.

Practiced Since: 1986

Hourly charge: \$130.00 Student Rate: \$125/hr, Eligible for Insurance

Specializations: Registered dance therapist, Creative Arts therapist, Somatic psychotherapist, Marion Woodman's Body Soul Rhythms Trainer, Embodied Spirituality.

Sykes, Carole

MA MFT

514 Bryant Street, #117

Palo Alto CA 94301

650-326-0324

psychlyst@aol.com

Services: Psychotherapy, Teaching

Population: Adolescents, Adults, Couples, Crisis, Trauma

Theoretical orientations: Object-relations, Transpersonal, Body Process

Training in Transpersonal Psychology (TP): The Institute of Transpersonal Psychology

Practiced Since: 1998

Hourly charge: \$100, Sliding Scale & Student Rate, Private Only

Specializations: EMDR, Developmental concerns around "self", Couple conflicts, Divorce, Biofeedback

Takakjian, Philip

PhD Psychologist

702 Marshall Street, Suite 415

Redwood City CA 94063

650-685-4228

Services: Assessment, Consultation, Psychotherapy, Teaching

Population: Adolescents, Adults, Couples, Families, Elderly, Terminally ill, Women, Men, Crisis, Trauma
Theoretical orientations: Biopsychosocial, Health psychology, Cognitive Behavioral, Interpersonal
Practiced Since: 1993
Hourly charge: Sliding Scale & Student Rate, Eligible for Insurance

Smith, Steven E.

MA, MFT
409 E. Campbell Ave, Suite 220
Campbell, CA 95008
408-910-4257
steve@theenlightenedmind.net
<http://www.theenlightenedmind.net/>
Services: Psychotherapy, Groups, Workshops
Population: Individuals, Couples
Theoretical Orientations: Transpersonal, Psychosynthesis, Gestalt, Shamanism, Eclectic
Practiced Since: 2003
Hourly Rate: \$120, sliding scale
Specialization: Self Discovery, Relationships

Thai, Vinh Q.

MD Psychiatrist
550 Hamilton Ave, Ste 200
Palo Alto CA 94301
650-326-5754
Services: Assessment, Consultation, Psychotherapy
Population: Adolescents, Adults
Theoretical orientations: Psychoanalytic
Practiced Since: 1995
Hourly charge: \$150.00 Sliding Scale, Private Only

Toder, Francine

PhD Psychologist
667 Lytton Ave
Palo Alto CA 94301
650-325-4588
Services: Consultation, Psychotherapy, Supervision
Population: Adults, Trauma, Depression, Anxiety, Eating disorders
Theoretical orientations: Psychodynamic, Cognitive-Behavioral, Eclectic
Practiced Since: 1973
Hourly charge: \$150.00
Specializations: Biofeedback, Psychopharmacology, Disaster mental health

Trueblood, Nancy

MA MFT
935 Middlefield Road
Palo Alto CA 94301
650-323-4533
Services: Consultation, Psychotherapy, Supervision
Population: Adults, Couples, Elderly, Terminally ill, Trauma
Theoretical orientations: Psychodynamic, Psychoanalytic, Object-Relations
Practiced Since: 1992
Hourly charge: \$120.00 Sliding Scale & Student Rate, Eligible for Insurance
Specializations: Grief and loss, Body somatization, Dysmorphia, Infant observation, Parent-infant work

Vazire, Monique

PhD Psychologist, MA, MFT, Spiritual Guide
1059 El Monte Avenue, Suite B
Mountain View CA 94040

650 248 1678

monique.vazire@gmail.com

www.MeetYourSelf.org

Services: Psychotherapy, Mediation, Stress reduction and meditation

Populations: Adults, Adolescents, Family

Theoretical orientations: Transpersonal, Internal Family Systems

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Internal Family Systems, Hakomi, Process-oriented Psychodrama, Dream Work Currently Program Assistant at the Internal Family Systems training in San Francisco.

Influenced by: Abraham channeled by Esther Hicks

Hourly charge: \$ 85 Sliding Scale, Student Rate

Specializations: relationships, parenting, growth, spirituality

Do you sometimes ask yourself: "How can I stop feeling angry, disappointed, or frustrated in my situation? I tried everything, nothing works in the long term. What can I do? Why are relationships so unfulfilling?" During sessions, you are gently guided to recognize the parts of yourself that have conflicting, often incompatible goals, perspectives, and beliefs. Those "parts" often pull you in opposite directions – "I really feel like eating, but I also want to lose weight," for example - and criticize you for not being more responsible, productive, etc... The various parts of yourself fight for your compliance. You will gradually be able to see yourself through the eyes of your true Self: powerful, confident, creative. You will understand the inner battles "highjacking" your mind, leaving you exhausted and puzzled as to why you lose control or sabotage yourself. The conflicting inner parts start collaborating with each other. As you are able to accept yourself more, you experience a sense of relief, harmony and power. The real You emerges as you hold yourself in unconditional love. With practice, your reality starts matching your desires.

Weled, Randy

MA MFT

870 Market St., #463

San Francisco CA 94102

415-431-2992

wolf2weled@yahoo.com

Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy, Mediation, Group Conflict *Population:* Adults, Couples, Families, Terminally Ill, Crisis Intervention, Addiction and Recovery

Theoretical orientations: Process Oriented Psychology, Symptom Work, Dream Work, Movement, Small/Large Group Process

Practiced Since: 1995

Hourly charge: \$110 Sliding Scale & Student Rate

Specializations: Recovery, LGBY issues, Awareness Counseling, Supervision

Wesson, Nancy

PhD Psychologist & MFT

2672 Bayshore Parkway, Suite 915

Mountain View CA 94043

650-965-7332

www.wespsych.com

Services: Psychotherapy, Group Therapy

Population: Adults, Children, Couples, Chronically ill, Depression, Anxiety, Relationships, Shyness, Self-esteem, Divorce recovery, Spiritual issues, Alcoholism, Grief, Life transitions

Theoretical orientations: Intersubjective/Self Psychology, Interpersonal, Humanistic, Psychodynamic

Practiced Since: 1978

Hourly charge: \$120-140, Private Only

Specializations: Codependency, Children of alcoholics, Chronically ill, Relationships, Shyness, Self-esteem, Divorce recovery, Spiritual issues, Grief, Life transitions

Witney, Barbara

MA MFT

15810 Los Gatos Blvd

Los Gatos CA 95032

408-356-0677

Services: Consultation, Psychotherapy, Teaching

Population: Adolescents, Adults, Couples, Women, Men, Trauma victims, (Step-) parenting, Depression, Anxiety, PTSD, Transition

Theoretical orientations: Transpersonal, Humanistic, Existential-Psychodynamic

Practiced Since: 1977

Hourly charge: \$100-120 Student Rate, Private Only

Woodruff, Ruth Anne

MFT

1911 Oakdell Drive

Menlo Park CA 94025

650-329-9813

Services: Psychotherapy

Population: Adults, Couples, Elderly, Terminally ill

Theoretical orientations: Transpersonal, Object-Relations, Jungian, Integration of Wholeness

Practiced Since: 1992

Hourly charge: \$125.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Holotropic breathwork facilitator, EMDR

Zed, Liz

PhD, Psychologist (PSY19948)

1000 Fremont Ave. Suite 270

Los Altos, CA 94024

650-948-2528, 408-562-2525

Email: lzed@LizZed.com

Population: Individual, Couple/Family

Services: Theoretical orientation: Eclectic

Training: Gestalt; Jungian; Transpersonal; Cognitive, Trauma PET & Somatic; Suicide Prevention Education & Clinical Trainer; Hypnotherapy/Guided Imagery/Visualization; Clinical Supervision; Addictions; Education/Personality/Projective/360 Leadership Assessment; Group Process, post-graduate coaching credentials CPEC, ACEPC, CMC

Practice experience: Crisis Intervention Trainer & Consultant; Child Protection; Clinical Supervisor; Psychologist in adult & adolescent residential dual Dx rehab facilities; consultant; educator; private practice psychologist & coaching

Hourly Rate: \$200+

Specialization: relational conflict, anxiety & anger management, lifestyle design, entrepreneurial consulting & coaching, re-patterning.

Zenoff, Nisha

PhD MFT

88 Oak Grove, Suite #208

Menlo Park CA 94025

650-566-1650

nishaz@pacbell.net

Services: Assessment, Consultation, Psychotherapy, Supervision

Population: Adults, Couples, Families, Elderly, Terminally ill, Trauma, Life transitions, Grief, Growth and spirituality

Theoretical orientations: Process-Oriented, Jungian, Body psychotherapy, Dance/Movement Therapy, Systems, EMDR

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology

Practiced Since: 1980

Hourly charge \$150.00 Sliding Scale & Student Rate, Eligible for Insurance

Specializations: Enneagram, Sandtray, Meditation, East/West approaches, Gestalt, Body work, Feldenkrais, Coaching

Zicarelli, Karen

MA, (MFC100009)

745 Distel Drive #122

Los Altos, CA 94022

650-494-3981

sunny223@pacbell.net

Services: Psychotherapy, Qigong, Reiki, Acupressure, Flower Essence Counseling

Populations: Adults and children, Couples

Theoretical orientations: Transpersonal, Somatic, Characterological Therories, Developmental Psychology, Taoist Philosophy, Enneagram

Training in Transpersonal Psychology (TP): MA degree in Counseling Psychology from The Institute of Transpersonal Psychology, Jin Shin Do Acupressure Certified Practitioner, American Organization of Bodytherapies of Asia Certified Practitioner, Reiki I & II, M.S Degree in Horticulture (floriculture and botany), Foundation Training in Bach Flower Essences
Influenced by: Iona Teegaurten, Lisbeth Marcher and the Body Dynamic Group, Olga Louchakova, Michael Smith, Stephen M. Johnson, Edward Bach and other flower essence researchers, Caludio Naranjo, my children

Practiced since: 1991

Hourly charge: \$75

Specializations: Somatic focus: chronic pain, fatigue, tension, illness, emotional distress, stress, childhood experiences, and trauma; Spiritual awakening; Major transitions or loss; those desiring more creativity or self-knowledge.

I was led to my work with people as a result of my own search for healing from rheumatoid arthritis which I developed at the age of 16. Western medicine offered me no help or relief. This began a search that brought me to explore and develop other healing modalities. It resulted in self-discovery and transformation. The things I offer in my practice are those I found most healing and helpful in my own chronic condition. My intention is to help others rebalance mind, body, and spirit while gaining greater understanding of the messages the body and Self reveal. The treatments stimulate natural curative processes by releasing tension, increasing the amount of energy coming into the body, promoting circulation, and stimulating the immune system. By increasing understanding and awareness one may gain a clearer sense of self and more choices of action.

CENTRAL CALIFORNIA

Kaiser, Patricia

MA, LMFT (MFC 38582)

67 Sunset Drive

Watsonville, CA 95076 USA

831-728-4243

ucn2u@yahoo.com

Services: Assessment, Consultation, Psychological Testing, Psychotherapy, Group Therapy

Populations: Children, Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Crisis, Trauma victims, Axis I, Personality disorders, Child and Adolescent Issues, Sexual Abuse, Developmental Disabilities, Divorce, Grief, Terminal Illness, Families

Theoretical orientations: Transpersonal, Jungian, Play Therapy, Gestalt, Dreamwork, Trance Work, Cognitive-Behavioral

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Workshops with Milton Erickson, David Burns, Jeremy Taylor, Member of Jungian Sandplay Therapists

Influenced by: William James, Jung, Jeremy Taylor, Robert Frager, Bill O'Hanlon, Wilber

Practiced since: 1997

Hourly charge: \$90, Sliding Scale and Student Rate (\$45) Eligible for Insurance

Specializations: Traumatic Incident Reduction (TIR), Enneagram

Integrative approach, utilizing modalities that I sense will work for the client in collaboration with the client. Strong belief in building on client strengths and inner resources. Utilize assessment instruments. Discover resources both conscious and unconscious, internal and external.

NORTHERN CALIFORNIA

Flett, Mary

PhD, Psychologist

PO Box 134

El Verano, CA 95433

707-938-5531

drmaryflet@aol.com

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Population: Children, Adolescents, Adults, Couples, Elderly, Women, Men, Crisis Intervention, Chronic health issues

Theoretical orientations: Narrative Therapy

Practiced Since: 2001

Hourly charge: \$75-125 Sliding Scale, Private Only

SOUTHERN CALIFORNIA

Elisha, Perrin

Ph.D.; Licensed Psychologist

Practice Address: 1800 Fairburn Ave. #102,
Los Angeles, CA 90025
Tel numbers: 310.857.6474
Email address: drpae@depththerapy.com
Web page (if applicable): www.depththerapy.com
Services: Psychotherapy and Psychoanalysis
Population you serve: adults
Theoretical orientation: transpersonal and psychodynamic
Fees: hourly
Specialization: Mind-body issues

Kaplan, Jennifer

PhD in Transpersonal Psychology
Registered Psychological Assistant PSB29422
1314 Westwood Blvd., Suite 205
Los Angeles, CA 90024 USA
310-470-8363
jencarak@aol.com
www.jenniferkaplan.com
Services: Psychotherapy, Group Therapy, Meditation, Teaching
Populations: Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Crisis, Trauma Victims, Axis I, Creative Professionals, Performing Artists, Mind-Body Disorders (Irritable Bowel Syndrome and other Gastrointestinal Disorders)
Theoretical orientations: Holistic Approach combining various methodologies/Theoretical orientations
Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology
Practiced since: 2001
Hourly charge: Sliding Scale, Eligible for
Specializations: Psychodrama, Fluent in Italian

Mazak, Arlene

MA in Counseling Psych, USF (MFT 37403)
10101 Slater Ave, Suite 237
Fountain Valley, CA 92708 USA
714-968-4202
drarlene@peoplepc.com
Services: Assessment, Consultation, Psychotherapy, Teaching, Group Therapy
Populations: Adults, Couples, Parents, Elderly, Terminally ill, Trauma victims, Axis I
Theoretical orientations: Psychodynamic, Object-Relations, Jungian Psychology, Gestalt & Existential, Psychosynthesis, Cognitive Therapy, Dreamwork, Journaling, Eastern Yoga Psychologies, Course in Miracles, Enneagram, Pathwork
Training in Transpersonal Psychology (TP): Workshops at the Institute of Transpersonal Psychology and California of Integral Studies, Interfaith Spiritual Direction, Jungian Analysis, Individual Psychotherapy, Serial Practitioner of Christian, Hindu, and Tibetan Buddhist Meditation
Influenced by: Grof, Wilber, Washburn, Ferrer, Cortright, Wittine
Practiced since: 1990, Core Faculty at ITP for 7 Years
Hourly charge: Sliding Scale, Eligible for Insurance
Specializations: Childhood Abuse, Neglect, Addiction, Codependence (Emotion Recovery), Loss, Grief, Depression, Life Transition, Religious Wounding, Betrayal by Spiritual Teacher, Spiritual Emergence Issues, Near-Death Experience, Psychic Opening, Kundalini
Any current dysfunctional relationship patterns will be analyzed, worked through and then traced to their early formation as a result of childhood wounding. Healing the pain of the past that still exists in your deep psyche removes the powerful unconscious tendency to pattern repetition in the present and the future. I will choose transpersonal approaches to psychotherapy that honor your spiritual experiences and utilize your own belief system, while assisting you in the healing of your mental and emotional suffering without the danger of spiritual bypassing.

Milburn, Judith-Annette

PhD in Counseling/Clinical Psychology
Psychologist PSY5549
10101 Slater Ave, Suite 237

Fountain Valley, CA 92708 USA
714-968-4202

drjudmil@aol.com

www.judithmilburn.com

Services: Psychotherapy, Teaching, Group Therapy

Populations: Adults, Couples, Axis I

Theoretical orientations: Humanistic/Transpersonal

Influenced by: Brugh Joy, Jean Houston, Jung, Ken Wilber, Frances Vaughn, David Bresler

Practiced since: 1982

Hourly charge: \$135.00

Specializations: Psycho-Spiritual needs, Buddhism, Meditation, Imagery, Alternative healing

I am grounded in sound psychological principles with a psychospiritual approach as appropriate which is centered at the heart and the principles of unconditional love, based on the multidimensional nature of the psyche and coming to a full exsperience of and integration of body, mind, emotions, and spirit. I also with emotional completion.

MASSACHUSETTS

Terrell, Jon

MA in Transpersonal Studies, CAGS, MHC, Minister

232 Silver Lane

Sunderland, MA 01375 USA

413-665-9986

agniyogi@hotmail.com

Services: Assessment, Psychotherapy, Teaching

Populations: Children, Adolescents, Adults, Couples, Elderly, Terminally Ill, Crisis, Depression, Residential

Theoretical orientations: Body-Oriented, Multimodal Behavior Therapy, Deep Emotional Transformative Work

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Institute of Process Therapy, Shalom Retreat and Study Center...

Influenced by: Jerry Jud, Russel Paul Schofield, William James

Practiced since: 1979

Hourly charge: Sliding Scale, Eligible for Insurance

Specializations: Body-Oriented Trainings

NEVADA

Unthank, Katherine W.

PhD Psychology (CO LPC #619) (IN LMHC #39000040A)

6475 Meadow Hill Dr.

Reno, NV 89519 USA

775-828-1823

775-742-1475

kwadeunthank@yahoo.com

Services: Psychotherapy, Consultation, Supervision, Workshops, Spiritual Direction.

Populations: Children, Adolescents, Adults, Crisis/Trauma.

Theoretical orientations: Transpersonal, Analytic (Jungian).

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, PhD.

Most Influenced by: Jesus, Carl Jung, Helen Luke, Marion Woodman, Thomas Merton, Thomas Keating, Henri Nouwen, Robert L. Moore, John A. Sanford, Paul Tillich, Pierre Teilhard de Chardin, Julian of Norwich, Evelyn Underhill, Rumi, - most recently, Hillevi Ruumet, Rosemarie Anderson, and my dog, Agatha.

Practiced since: 1986

Hourly charge: \$200.00 Private Only

Specializations: Healing trauma; preventing trauma; trauma and spiritual development.

I specialize in trauma recovery, trauma prevention and designing innovative trauma interventions based upon the deep structure of posttrauma survival. I offer my services as a psychotherapist, consultant to trauma professionals, and in workshop format to organizations working with traumatized populations.

NEW HAMPSHIRE

Van Ness, John

PhD Licensed Pastoral Psychotherapist

11 Jaquith Road

Jaffrey, NH 03452 USA

603532-6834

jpv@monad.net

Services: Assessment, Consultation, Psychotherapy, Supervision, Teaching

Populations: Adults, Couples, Parents, Elderly, Terminally ill, Trauma, Axis I, Men's Issues, Spiritual Issues

Theoretical orientations: Psychodynamic, Jungian, Cognitive-Behavioral, Process Oriented, Systems, Mental Imaging

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology (1986)

Influenced by: Carl Jung, Ken Wilber

Practiced since: 1985

Hourly charge: \$90, Sliding Scale, Eligible for Insurance

NEW MEXICO

Perrin, Elisha

PhD in Clinical Psychology

Licensed Professional Counselor (LPC) LPC#66972

National Certified Counselor (NCC)

2227 Paseo De Los Chamisos

Santa Fe, NM 87505 USA

505-690-9884

elisha@depththerapy.com

Services: Assessment, Consultation, Psychotherapy, Dream Groups

Populations: Children, Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Axis I, Axis II

Theoretical orientations: Depth-Oriented Psychotherapy, Psychoanalytic Psychotherapy, Sandplay, Play Therapy, Dream Work

Training in Transpersonal Psychology (TP): Pacifica Graduate Institute, Institute of Transpersonal Psychology, Psychodrama

Training, Sand Play Therapy

Influenced by: Jung

Practiced since: 1999

Hourly charge: \$75, Sliding Scale, Eligible for Insurance

NEW YORK

Kardaras, Nicholas

Ph.D. Psychology (concentration, transpersonal)

Licensed Clinical Social Worker (LCSW # 69152-1)

Village Professional Building

53480 Main Road

Southold, NY 11971

347-528-8108

nicholaskardaras@yahoo.com

Services: Psychotherapy, Philosophical Counseling, Supervision, Teaching. All services also available via teleconference.

Populations: Adults, Adolescents, Couples

Theoretical Orientations: Transpersonal, Psychodynamic, Ancient Greek Philosophy

Training in Transpersonal Psychology (TP): Ph.D. from Institute of Transpersonal Psychology Influenced by: Carl Jung, William

James, Plato, Pythagoras, Abraham Maslow, Ian Stevenson

Hourly Charge: \$120-\$150, Sliding Scale, Student Rate, Private Only

Specializations: Transpersonal Psychotherapy, Addictions Counseling, Existential Issues, Philosophical Counseling

I employ both psychodynamic as well as transpersonal methods in my efforts to help a person Self-actualize.

I have also developed the "Methodos Philosophia" (the Philosophic Method), a transformative method that I presented at the 2007 APA conference. This 8-week method is informed by ancient Greek mystical philosophy and involves my facilitating weekly readings, dialectical discussions and meditation/contemplation in order for the experient to elevate their level of consciousness.

INTERNATIONAL

CANADA

Willie, Lana Marie

MA in Transpersonal Studies, Registered Clinical Counsellor

681 Seedtree Road

Sooke, BC V0S 1N0 Canada

250-418-5075

lanaw@shaw.ca

Services: Consultation, Psychotherapy, Supervision, Teaching, Group Therapy

Populations: Adolescents, Adults, Couples, Parents, Elderly, Terminally Ill, Crisis, Trauma Victims, Axis I, Stress

Theoretical orientations: Hakomi, Sound Healing, Creative Expression, Gestalt, Mindfulness

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, Hakomi Institute, Victoria Centre for Mind-Body Medicine

Influenced by: Nancy Rowe, Jon Eisman, Jeanette Gagon, Natalie Rogers, Jon Kabat-Zinn

Practiced since: 1998

Hourly charge: \$75, Eligible for Insurance

Specializations: Advanced Training in Counseling and Buddhism at Pacific Center, Certificate in Critical Incidence Stress Management, Therapeutic Touch/Reiki

ENGLAND

Katz, Shawn

PhD, Registered Psychotherapist (BPS099277)

Dolphin House Clinic

14 New Road

Brighton, East Sussex

BN1 1UF ENGLAND

44-0-127-332-4790

shawnkatz@btinternet.com

www.shawnkatz.com

Services: Psychological Assessment, Consultation, Psychotherapy, EMDR, Clinical Supervision, Teaching, Group Therapy

Populations: Adults, Couples, Trauma Victims, Addictions, Axis I and II

Theoretical orientations: Transpersonal-Integrative, Trauma-Focused Therapy, EMDR, and Cognitive-Behavioral

Training in Transpersonal Psychology (TP): Institute of Transpersonal Psychology, California Institute of Integral Studies

Influenced by: Irvin Yalom, Stanislav Grof, Carl Jung, Ken Wilber, Jim Fadiman, Sheldon Kopp, Gay Hendricks

Practiced since: 1998

Hourly charge: £60-£70/hour, Sliding Scale, Student Rate Available, Eligible for Private Insurance

I was born in Canada and completed my graduate work at CIIS (MA 1990) and ITP (MA 1997, PhD 1999). I moved to England in 2000 with my wife, son, and daughter. I work part-time for the National Health Service (NHS) as a Specialist Psychologist in the Trauma Service for the Psychological Therapies Department at Brighton, East Sussex. This also includes working with refugee and asylum seekers and victims of torture, running an EMDR supervision group, and clinical supervision of counselors and clinical psychology trainees. I also have a private psychotherapy practice doing longer-term depth-oriented integrative-transpersonal psychotherapy and couples counseling. I am an EMDR consultant and occasionally lecture at Brighton University and local organizations on trauma.