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Alumni Relations:****Joachim Sehrbrock
650-493-4430 x260
alumni@itp.edu**

"The most beautiful experience we can have is the mysterious – the fundamental emotion which stands at the cradle of true art and true science."
Albert Einstein

A LETTER FROM THE ALUMNI ASSOCIATION PRESIDENT

Dear fellow ITP Alumni,

As President of the Alumni Association, I want to take this opportunity to welcome recent graduates to the post-graduation world! Congratulations on earning your graduate degrees and certificates at ITP. You are now part of the 5.9% of the US population with Masters degrees and 1% of the US population with Doctoral degrees. It is a huge accomplishment.

I also want to thank Leanne McWaters and French Harris for their years of service and leadership as Alumni Association Co-Presidents. It is a privilege to stand on the foundation they have built. Thank you

We have already accomplished one of our goals this year. The Alumni Association has dropped the alumni dues system. This is important for many reasons. Primary among these is that it indicates ITP is now at a point where it can support the Alumni Association. It is my goal that this will continue to translate into more support for each of you. We would not be at this point as a school without the contributions of students and alumni. Your lifetime memberships and annual renewal fees have laid the groundwork for this natural expansion.

At the beginning of the annual Harvest Potluck on November 11, 2005, ITP President Bob Schmitt and I will be honoring Alumni Association lifetime members for their support of the Alumni Association. Please come and join us for this special event honoring our colleagues.

The Harvest Potluck is a great time for Alumni to come together with old friends, make new ones, and have a reunion (see page 3 for more information) - see you there! We are also having the best alumni event ever, a really classy/fun/educative/networking evening on Friday, May 5, 2006. Mark your calendars!

I have so much more to tell you, so look for further communication in our upcoming eNewsletter (November) and our next hard-copy newsletter in January. PLEASE feel free to contact me with your ideas, needs, family news, complaints, suggestions, and love. I want to hear from you and am so happy to be serving you in this capacity.

*Warm regards,
Marie May, Ph.D. (2004)
Alumni Association President*

A LETTER FROM THE ITP PRESIDENT

I want to send my best wishes to all of you and to publicly thank Marie May and Joachim Sehrbrock for their energetic dedication to supporting you. This will be a wonderful year for the Alumni Association.

As I enter my first year as president, I want to share a vision I have. The world desperately needs healing and transformation. All of us together can support that transformation because we know how to focus on the root causes of today's ills and not the symptoms. Those causes are: (1) a level of consciousness that sees us as separate and in competition and (2) the actions that flow from that level of perception. ITP focuses on those causes by offering research and education that helps raise consciousness and by teaching skills needed for consciousness raising actions. You are at the heart of this healing work because you are in the world applying this education. Thank you for all you do. This year the leaders of the Alumni Association and I want to focus on ways we can offer you greater support. Please let us know your suggestions on ways to do that. Marie, Joachim, and I look forward to hearing your thoughts and what you are doing.

*All the best,
Bob Schmitt, bschmitt@itp.edu*

ALUMNI DIRECTORY NOW AVAILABLE!

You finally have access to the most up-to-date contact information of your fellow alumni again. It is now available online in an easily readable (Acrobat) file format.

Here is how you can access it:

1. Visit: <http://itp.docutek.com>
2. Scroll down to the "Alumni Association" link at the bottom and click to open the section.
3. Accept the copyright agreement and open "Alumni Directory Folder".
4. Click on "Alumni Directory Link" and enter the required password: "rainbow" (all small letters).

You will then have access to the actual "Alumni Directory" file.

If you like a *hard copy* sent to you via snail mail, we will send you one for a charge of \$5 (\$10 international). Please send your request and check to our address on page 1.

ALUMNI ASSOCIATION NEWS

- **No Alumni Dues!** The Alumni Association has dropped the alumni dues system. The continued financial support of alumni and others helped us get to a point, where ITP now recognizes the Alumni Association as one of its distinct departments and for the first time provided it with its own budget. Thank you!
- In order to make use of our many services (see below), you can become an **Alumni Association Member** online now (www.itp.edu/alumni) and as before via phone, snail mail or in person. Any alum who has been a member in the last year (both on a lifetime or annual status) will automatically be an Alumni Association Member.
- The **Inter/National Transpersonal Therapist Directory** is now online, in the same location as the Alumni Directory (see left column). This directory will eventually be a great referral source. If you would like to be listed, please contact alumni@itp.edu.
- ITP students are now required to receive 10 hours of spiritual guidance before they graduate. The Spiritual Guidance Program is compiling a Directory of Spiritual Guides/Directors and would like to invite all alumni who graduated from this program to submit their information to be listed. For an application or more information please contact Hayden Reynolds (haydenreynolds@earthlink.net).

ALUMNI ASSOCIATION SERVICES

Alumni (non-members)

- Receive bi-annual alumni newsletter and can subscribe to quarterly email newsletters
- Can publish articles and post your personal profiles on the ITP website
- Can access the ITP Alumni Directory, the Therapist Directories, and history of alumni eNewsletters*
- Can be listed in the Inter/National Transpersonal Therapist Directory (only licensed professionals!)
- Have the opportunity to join the Alumni Association

* = New Feature

Alumni Association Members (no dues anymore, just apply to make use of the services below!)

- Have access to all non-member benefits
- Have full library access (incl. on-campus access to databases)
- Receive discounts on Circles of Inquiry events*
- Receive a 50% discount for auditing ITP classes
- Receive a 10% discount on Continuing Education classes
- Receive a reduced rate for ATP journal and database
- Can support of ITP and the transpersonal field – keeping in touch with the community
- and create as always Good Karma!

NOTE FROM THE EDITOR

In an effort to make the Alumni Newsletter more personal, we have decided to include several new features, such as an alumni profile, a letter from both the president of ITP and the Alumni Association. In the future, we are hoping to include a section on class news, which will give brief glimpses into significant changes in alumni's lives. If you have something you are excited about, please don't hesitate to contact me. I would love to hear from you.

One of our big projects this year is to contact all of you to strengthen our relationship with you, exchange some news, and get a sense of how we can serve you better. We are working on some exciting new programs that may offer alumni teaching and mentoring opportunities, as well as new ways to network both personally and professional.

And as always, PLEASE inform us about any changes of your contact information, be it email, postal, or telepathic (just kidding!).

Warmly, *Joachim Sebrbrock*, Executive Assistant of Alumni Relations, alumni@itp.edu or 650-493-4430 x260.

"The personal life deeply lived always expands into truths beyond itself."

(Anais Nin)



FEATURED ALUM: DR. MARY FLETT

I live in Sonoma, CA, with my husband, Hank Parker, and our 11-year old cat, George Kitty. We just celebrated our 12th wedding anniversary, notable to this article because Arthur Hastings married us and we held our reception in the ITP library at 744 San Antonio Road!. We've been in Sonoma since 1995, when we moved here after I finished my coursework in the Ph.D. program. I graduated with my Master's in Counseling Psychology in 1993, and with my Ph.D. in 1996. Prior to ITP, I was a para-legal working in estate planning, trust, and probate law.

Professionally I am a licensed psychologist. I currently work for Napa County Health and Human Services, providing program evaluation and project management to the Mental Health, Public Health, and Social Services programs. I also teach for San Jose State University in their College of Social Work. I just finished teaching Public Policy in Health and Mental Health and will be the faculty advisor for the master's thesis for the Sonoma Cohort (30 students) over the next two semesters. I also maintain a small private practice where I see one or two clients. In all these arenas, the transpersonal elements are largely manifested in the "who" of me, rather than in the "what".

For example, in my work at Napa County, I use the skills learned in group process, aikido, and community practicum to engage my colleagues at a variety of levels. While spirit is only rarely openly spoken of, many donkeys have been successfully smuggled into the corridors of government service in Napa!. Much of the work I do is tending to staff needs around their own spiritual and psychological issues. Although this is not formally recognized in my job description, it is part and parcel of each and every work day.

My private practice tends to attract people who are on a spiritual path, so the skills I use there, while situated in ego psychology, often move into spiritual guidance and personal growth. I have learned that each of these areas are really reflections of my own growth, and when I am present enough to remember that, I am able to take advantage to continue to work on myself.

Remaining connected to ITP through friends, staff, and faculty has been vital to my ability to remove myself geographically from the ITP community, and still feel part of the community as a whole.

EVENT HIGHLIGHTS

- Now that the dues system has been dropped, we would like to acknowledge those of you who have made significant monetary contributions to the Alumni Association. In the spirit of thanksgiving, the Alumni Association decided to honor these alumni as the "Founder's Group" with the presentation of a plaque during the ritual at the **Annual Alumni Reunion, Harvest Potluck and Talent Show**, on November 11, 2005 at 6pm in the Dojo at ITP. This will be preceded by our annual Pre-Potluck Alumni Reunion at 5pm. Please join us for this delightful evening to see new and familiar faces.
- The Career Resource Center is sponsoring a Brown Bag Lunch series on the topic of career options after graduation. Our theme for the year is **"Life as a Graduate of ITP: Multiple Options."** The CRC needs one volunteer per month to have lunch with a group of students for approximately one hour (12:30-1:30). The fall dates for our series are Tuesdays, 10/11, 11/15, and 12/6. If you are interested in joining in (and can make one of these dates) and sharing your career journey with current students, please contact the CRC Coordinator, Christine Brooks, at cbrooks@itp.edu.
- The Institute of Transpersonal Psychology will host a **Continuing Education Morning** on *Saturday, November 19th*. Topics to be covered will be "Spiritual Parenting", "Communication Strategies for Couples", The Art and Healing of Aikido, and for CEU credit Dr. Fred Luskin will be lecturing on "How to Achieve Balance in a Stressful World." For more information please go to www.itp.edu or contact Kaleo Waxman at kwaxman@itp.edu.
- The **Transformational Coaches Training** is a twelve-month program, meeting both Saturday and Sunday of the first weekend of each month, led by ITP alum Dr. Rosie Kuhn and other distinguished instructors. Beginning October 1-2, this years training will bring in experts who coach to a specific population, i.e., small business coaching, family coaching, life coaching, corporate coaching, etc. Each weekend will have a particular focus and provides an enormous impact on its own. For more information, contact Kaleo at (650) 493-4430 x269 or kwaxman@itp.edu.



ALUMNI ASSOCIATION
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UPCOMING EVENTS

EVENTS

(please watch our new ITP calendar at www.itp.edu for more events and announcements)

■ **September 28, 2005**

Opening School Ritual facilitated by Hayden Reynolds, 4:45-6pm in the ITP Atrium. Join in this wonderful ritual of blessing our school and the new incoming and returning students, faculty and staff (refreshments provided).

■ **October 9, 2005**

Circles of Inquiry: Spirit of the Unconscious: Meeting Places of Spirituality, Buddhism, and Psychotherapy with Joseph Bobrow, Ph.D., 1-4pm. Contact Kaleo for info and registration (650) 493-4430 x269, Alumni \$12, General Admissions \$15.

■ **October 15, 2005**

Center for the Divine Feminine: Jean Shinoda Bolen, M.D., 8-10pm, Great Sophia at ITP. Author of "Goddesses in Everywoman," Dr. Bolen is a Jungian analyst and professor of psychiatry at the University of San Francisco.

■ **October 16-21, 2005**

The Path to Wholeness: Spirit's Longing. ITP Global Seminar with Mimi Baczewska, Rob Greene, Alan Levin, and others. Omega Institute, Rhinebeck, NY. For more information contact agardner@itp.edu.

■ **December 2, 2005**

ITP will be hosting *William Torbert* at the Saybrook Institute in San Francisco. For more information please go to www.itp.edu or contact Kaleo Waxman at kwaxman@itp.edu.

■ **November 11, 2005**

Alumni Reunion, Founder's Group Honoring, Harvest Potluck, and Talent Show, 5pm, ITP, (for more info see page 3).

■ **December 7-11,**

2005 *Evolution of Psychotherapy Conference: A Tribute to the Masters.* A huge gathering of esteemed therapists. www.erickson-foundation.org/evoconf5.htm. Contact Patricia Macie (831-728-4243) if you are interested in connecting with other ITPers.

■ **January 13-18, 2006**

Transpersonal Diversity. ITP Global Seminar. Mercy Center, Burlingame, CA. For more information contact agardner@itp.edu.

■ **May 5, 2006**

An Evening of Chocolate Tasting. Come to this really classy/fun/educative/networking Alumni Event, watch for more information in our newsletters. If you are not signed up to receive email newsletters, please email us at alumni@itp.edu! It's worth it!



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MEMBERSHIP APPLICATION

- I am interested in posting my profile online.
- I am a licensed therapist and would like to be listed in ITP's therapist directories.

I agree to have my contact information published in the confidential alumni directory that is available only to ITP and other alumni.

- Yes No

Today's Date _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone (H) _____ Phone (W) _____

Phone (Cell) _____ Website _____

Please remember to keep us informed about your address (including email) changes! This is vitally important in order for us to stay in touch with you. You can use the website to do so, call or email alumni@itp.edu.



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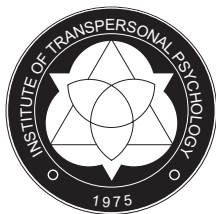
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