

Conventional opinion is
the ruin of our souls.
- Rumi

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Alumni Relations:

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**LETTER FROM THE ALUMNI ASSOCIATION PRESIDENT**

My hope is that when you read this Alumni Association Newsletter, some part of you is reawakened as your soul remembers...that hearing from the greater ITP community reconnects you with your own authentic full expression in a way that coming to ITP first did . . . that you breathe deeply as you let in the myriad of experiences of what it means to be human and alive in 2006.

I was reviewing our year with Executive Assistant of Alumni Relations Joachim Sehrbrock and we saw that enrollment in the Alumni Association has increased by 251% since 2003! This is wonderful news for us. It's a barometer of how we are doing.

Some of you may be interested in knowing how we work here. Joachim's time is full, working 10 hours per week as Executive Assistant. He is also working on his proposal, doing a predoctoral internship at the Transpersonal Counseling Center, and publishing an article on integral psychotherapy, among other things! The Presidency is a volunteer role at this point, and I work about 5 hours per week. I just finished my postdoctoral hours and am beginning February 1 as a Psychological Assistant in Menlo Park. I also do some professional coaching and consulting, teach at ITP and Kaiser Permanente, am a longtime Diamond Heart spiritual student, and specialize in creating inner and outer abundance – yes – financially, also!

Please join us for our Spring Alumni Event! Bob Schmitt will be graciously opening his home to Alumni and the greater ITP Community for great food, stimulating conversation, and superb networking. This **Celebration of Spring** on April 29 will be a great opportunity to meet other alumni, Board members, and reconnect with faculty. (This event is replacing the previously scheduled Evening of Chocolate Tasting). See the back of this newsletter and our website for more details.

Thank you for letting us serve you. We hope it empowers you to be who you really are and in this way, serve the world. It is a privilege and an honor.

Marie May, Ph.D.

LETTER FROM THE ITP PRESIDENT

Dear ITP Alumni,

May this be a blessed New Year for you and your family! This is a joyous time for ITP and all our alumni as we celebrate ITP's 30th anniversary. The focus of our celebration will be a special dinner on Friday night, June 16th (the night before graduation). It will be a great opportunity to celebrate and see old friends. Please mark the date in your calendar and plan on attending. As part of our celebration we would like to share stories about our alumni. Please send stories about work you are doing now or about ways ITP enriched your life to alumni@itp.edu . Thank you. We will send you more information about the 30th anniversary celebration in the coming months.

2006 is an important year for increasing ITP's influence in a world yearning for healing. We are preparing for a WASC accreditation visit in the Fall. Members of our faculty are also preparing our APA self-study which is the key step in applying for APA approval for our Ph.D. Clinical Degree. We expect a very successful outcome in both cases which will continue to strengthen the reputation of our ITP degrees. While working toward accreditation, we are also striving to enhance our Spiritual Guidance program and preserve the transpersonal quality of all our programs.

With warm regards,
Bob Schmitt

WEBSITE NEWS

- We now feature pictures and information about the last alumni reunion as well as the Founder's Group Invocation. You can find this on our new section on the alumni website called **Alumni Spotlight**. This website will carry different features that are updated quarterly.

ITP NEWS

- **30th Anniversary of ITP:** ITP will celebrate its 30th birthday in June of 2006. Save the date! June 16th, between 5.30 and 11 pm. Find more details on our website soon!
- **We Are Mourning:** Many of us at ITP are mourning the loss of **Ernest Moore**, who was president of ITP from 1985 to 1989 and on the Board of Trustees since then. Ernest is an example of that wonderful dance where someone both blesses and is blessed by ITP. He made many significant contributions to the school and wrote in his autobiography that his years at ITP enriched his life in ways he did not dream were possible. We are also sad to announce that **Lynn Ward White**, who received her Ph.D. from ITP in 1985, passed away on November 8th, 2005 in Boulder, CO.
- The **Spiritual Guidance Specialization** at ITP is beginning to look at working with seniors. ITP is putting out a call to the community to see if anyone has worked with, is currently working with, or has connections to places that work with

seniors. Please contact Genie Palmer (galmer@itp.edu) if you can help.

- **New Endowed Scholarship Fund in Memory of Ernest Moore:** Because of the generosity of his family and friends, his contributions will continue through the Ernest Moore Endowed Scholarship Fund. Each year, as long as ITP exists, at least one student will receive a scholarship in memory of Ernest.

ALUMNI ASSOCIATION NEWS

- **REMINDER:** No Dues anymore! Enjoy becoming a member for **FREE** now. Call us or apply online at www.itp.edu/alumni/aMembershipApp.cfm
- **ITP T-shirts and sweaters:** Thanks to the work of 2nd year PhD student Amy Sharp, ITP now has very well-designed t-shirts and sweaters that simply say "ITP." Please connect with her, if you are interested: asharp@itp.edu.
- **Alumni Newsletters Online:** Remember that all previous alumni newsletters are also online under Alumni Publications: www.itp.edu/alumni/AlumniPubs.cfm
- **New Institutional Advancement Newsletter:** Starting this year, the Office of Institutional Advancement will publish a biannual newsletter, containing exciting features about ITP's development.

ALUMNI ASSOCIATION SERVICES

For a complete listing of Alumni Association Benefits and Services, please visit our website.

NEW Services:

- **33% Coaching Services Discount:** ITP graduate Dr. Rosie Kuhn provides professional coaching to ITP alumni (also long-distance) for \$100 per session (instead of \$150). She specializes among other things in fields such as health, education and non-profit business organization. For more information, visit her website at <http://theparadigmshifts.com/bios/>, call her (650) 387-2052 or email her rosie@theparadigmshifts.com
- **10% Body Therapy Center Discount on all services/trainings:** The Body Therapy Center (Palo Alto, CA) offers Craniosacral Therapy, various forms of Massage, Reflexology, Reiki, Shiatsu, Feldenkrais, State-Approved Massage and Bodywork Trainings and much more. For more information, visit their website at www.bodymindspirit.net

NOTE FROM THE EDITOR

Greetings!

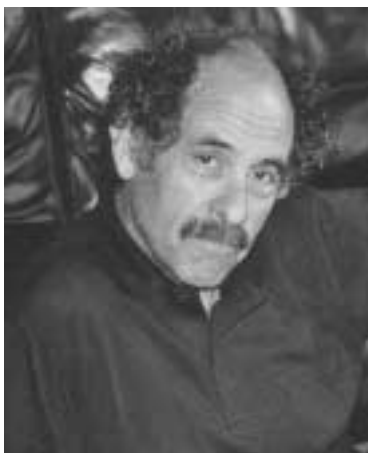
I hope this newsletter finds you well. Aside from wishing you the best for a great new year 2006, I would like to introduce to you the new Director of Institutional Advancement, Tracy Byars. Tracy is an ITP alumna from the residential Masters of Transpersonal Psychology program and graduated in June of 2005. In addition to many years of experience in marketing, sales and non-profit fundraising, Tracy has an interest in Somatic Therapy, Embodied Spirituality and Equine-Facilitated Therapy.

As always, we would like to stay in touch with you, so please keep us updated with your current information, including email and postal addresses!

Warmly, *Joachim Sebrbrock*, Executive Assistant of Alumni Relations, alumni@itp.edu or 650-493-4430 x260.

As an irrigator
guides water
to his fields,
as an archer
aims an arrow,
as a carpenter
carves wood,
the wise shape
their lives.

- Buddha



FEATURED ALUM: DR. DON ROTHENBERG

My dissertation (1987) is called *Transpersonal Aspects of Video in Art and Therapy*. It describes the use of video as a therapeutic feedback tool which can access transpersonal experiences/states. I entered ITP in 1980 and graduated from the doctoral program. Since then, I have been involved in a rather exciting life. I have two sons. Max David, aged 9, is a serious cello student in Vienna. My wife Susanne, a psychotherapist, born in the Black Forest, and I, have been married for 12 years and have been living in a nice wooden house in Vienna, Austria, next to the Vienna Woods. I also have a son, Ariel, who is 16 and lives in Northern Israel while attending an alternative high school on a kibbutz.

In continuing practices of jogging, meditation and tai chi for 30 years or more, I have also continued with personal psychotherapy, such as with an Israeli therapist. ITP has helped in giving me the tools and foundation in which to sustain, grow and live with these changes and new aspects of my life. I have also been practicing Mindfulness and especially like the Integral work of Ken Wilber.

I have released 3 CDs of personal songs that I wrote and performed, the first of which is called "Foreign Man." In addition, I wrote *Ashes Ashes All Fall Down*, a novel comparing life in California, where I was born, to life here in Middle Europe, Vienna, which was the birthplace of psychoanalysis and is still important today for classical music and culture.

I have also been interviewed by a Vienna radio station about my reaction to the election of Schwarzenegger as governor. Related to my dissertation and professional work, I have written several papers and articles and have been a native English speaking teacher in a special program for the Vienna School District. I have given workshops, talks and seminars on topics involving Transpersonal Psychology, Video and Education at various psychology and cultural conferences. Some of the audiences for these presentations have included: a Client Centered and Experiential Psychotherapy Conference, The First World Council for Psychotherapy Congress, a Unifying Aspects of Cultures Conference (2 times), and a World Congress on Constructivism and Cognitive Therapy Congress. This last venue was in Sweden, last spring, where the Dalai Lama was among the presenters.

In continuing my involvement with Judaism and Kabala, I have been involved with various aspects of the post holocaust generation here and have attended and been involved with many events and various aspects of this. In addition, I have traveled widely in Europe and will turn 60 next summer...it's been a real adventure so far!

I want to thank everyone at ITP, including my classmates and teachers, in helping prepare me for such an eventful life! Please feel free to call and or visit if you are in the area or have some special project or ideas that would be of interest. Donald Ellis Rothenberg, Ph.D., (Rosenhang 11, 1140 Vienna, Austria), don.rothenberg@utanet.at, 011 43 1 419 66 15 direct dial from USA.

ALUMNI CLASS NEWS

- ITP's residential doctoral class of '88 (entering 1988) gets together on a yearly basis with classmates who are local and still in touch. Each November, we gather (7-10 of us) at one of our homes in the Bay Area for a potluck dinner and to share what has happened this past year in our lives. The reunion began several years ago when one of our classmates, Arie Kurtzig, committed suicide. We called as many of our classmates as we had phone numbers for to invite them to a ritual in honor of his life and now his memory. We continue to remember Arie each time we gather. We are always amazed at how ITP has influenced our lives and has connected us as friends and colleagues. We share what's going on in our private practices; what's happening with our children and grandchildren, thoughts about moving and retirement planning. Out of our class of 26 students (including 1 advanced standing student) we have 11 PhD's. Two classmates are MFT's and five are Clinical Psychologists; one has been an Avatar trainer for many years and one is a Craniosacral Practitioner; one is writing fiction on an island in Maine and is working on being published; one is a retired faculty from a local junior college who is now traveling all over the world; one is Dean of Student Services at ITP. This is the group who meets yearly to share our past, present and future.

(Submitted by Paula Yue, PhD)



ALUMNI ASSOCIATION
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UPCOMING EVENTS

EVENTS

(please watch our new ITP calendar at www.itp.edu for more events and announcements)

■ **February 21, 2006**

It's My Life: Financial Planning and Debt Management.
5.30 to 7pm at ITP.
ITP's Career Resource Center sponsors this event in the Gaia room at ITP. For more information contact crc@itp.edu.

■ **April 1, 2006**

The Psychology of Money.
10am to 5pm, at ITP.
This workshop with George Cohen, LCSW explores the role and importance of money in regards to psychotherapy. \$190. CE Units available. For more information contact smanning@itp.edu.

■ **April 29, 2006**

ALUMNI EVENT: Celebration of Spring:
The Celebration will take place in Los Altos, CA between 3 and 8pm at the home of ITP President Bob Schmitt. Join us for good food, networking, and socializing with alumni and the ITP Community. Please contact blindsey@itp.edu or (650) 493-4430 x229 to RSVP asap and to find out the address of the event.

■ **April 28 - May 2, 2006**

Desert Visions: Earth, Ceremony, and Prayerful Ways.
ITP Global Seminar. Sunrise Springs Retreat and Conference Center, Santa Fe, NM. For more information contact agardner@itp.edu.

■ **June 10th and 11th, 2006**

Conference on Nondual Wisdom and Psychotherapy.
JFK University, Pleasant Hill, CA. For more information visit www.atpweb.org

■ **June 16, 2006**

ITP's 30th Anniversary Gala:
5.30-11pm at the Palo Alto Women's Club.
Look forward to an exciting program, including speakers. Watch for details. Please contact tbyars@itp.edu for more information.

■ **June 23 - July 4, 2006**

Crete: A Sacred Journey for Women.
For more information contact Megan at (650) 364-5171 or megan@treeoflifeteachings.com.



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MEMBERSHIP APPLICATION

- I am interested in posting my profile online.
- I am a licensed psychotherapist and would like to be listed in ITP's therapist directories.
- I am interested in being contacted by prospective students about my ITP experience

I agree to have my contact information published in the confidential alumni directory that is available only to ITP and other alumni.

- Yes No

Today's Date _____

Name _____

Address _____

City _____

State _____ Zip _____

Phone (H) _____ Phone (W) _____

Phone (Cell) _____ Website _____

Email _____

Please remember to keep us informed about your address (including email) changes! This is vitally important in order for us to stay in touch with you. You can use the website to do so, call or email alumni@itp.edu.



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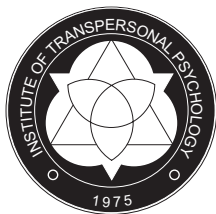
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