

Love and compassion are necessities, not luxuries. Without them, humanity cannot survive.

— H.H. THE 14TH DALAI LAMA

YOUR ALUMNI ASSOCIATION

CONTACTS:

ITP has hired two new work study assistants for alumni relations. **Leigh Ann DiDomenico** (PhD, year 3) is updating the alumni database, reaching out to lost alumni, collecting email addresses and enrolling new Alumni Association members. **Sumana Danco** (MACP, year 3) is focusing on written communications including the website, directories and both hard copy and e-newsletters.

Please feel free to contact Leigh Ann or Sumana with any alumni relations questions or to update your contact info. We have often lost track of alumni, so PLEASE keep us informed when you change email addresses, phone numbers or addresses. Remember, providing us your email address saves paper and money!

ALUMNI RELATIONS ASSISTANTS:



Leigh Ann DiDomenico
650-493-4430 x260
alumni@itp.edu



Sumana Marjorie Danco
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ALUMNI ASSOCIATION PRESIDENT PASSES BATON

TWO NEW CO-PRESIDENTS PICK IT UP

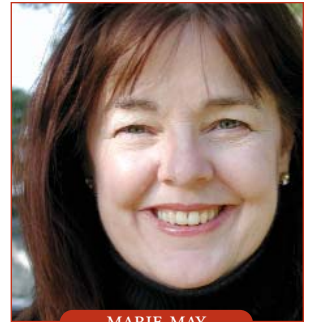
After two and a half years as ITP Alumni Association President, Marie May (PhD '04) is passing the baton to two new co-presidents, Valentine McKay-Riddell (PhD '06) and Lisa J Ferguson Arthur (MACP '06). During her tenure, Marie created a vision and mission statement and a one to five-year strategic plan to keep the Association moving forward and in alignment with its values. She put in place policies and consistent practices to be carried on through the years, abolished membership dues, increased membership and member benefits, expanded and improved the alumni section of the ITP website, created the new ClassNotes column (see pages 10 and 11), and established a regular bi-annual printed newsletter (now appearing as this special Alumni section of "Connections"). Through all her many special Alumni events, personal meetings with alumni, and working with ITP management, Marie brought realness, integrity, excellence, vision, and passion. "Meeting many of you and being inspired by your brightness as human beings has far eclipsed my accomplishments as President. It has been a pleasure and an honor serving you," says Marie. "My job was easier because of the work and inspiration of my predecessors, Leanne McWaters and French Harris. Now, I look forward to seeing the fruition of several projects I started, as well as the unique contributions of Valentine and Lisa J as the next Alumni Association Co-Presidents."

When asked what moved her to accept the leadership role with the Alumni Association, new co-president Valentine McKay-Riddell shared, "One of the major concerns of soon-to-be and recent graduates, in any school, is loss of community. Students may feel this fear even more intensely when their studies are as deep and life-changing as at ITP. When, shortly after graduation, I was presented with the opportunity to stay connected to ITP as Co-President of the Alumni Association, I recognized not only a way to maintain the intimate community of the school, but also a way to strengthen the roots I put down here over six years ago."

Lisa J's decision to serve as co-president of the ITP Alumni Association came from her desire to be in communication with others who have shared the ITP experience. "I look forward to sharing this co-presidency with Valentine," remarked Lisa J. "I appreciate her interest in discovering new ways for ITP to have positive influence in the greater community and to continue to improve its programs." Valentine and Lisa J crossed paths during their time at ITP and enjoyed working together in several different settings.

As a recent ITP graduate, Lisa J has been working to bring the training she received at ITP into new settings. Through this process, she says it has become clear to her how much ITP alumni could support each other in making a meaningful difference in the community. Valentine observed, "Lisa J is committed to inclusivity and harmonious group process – to community-building. I'm delighted to be working with her."

As co-presidents of the Alumni Association, Valentine and Lisa J hope to extend their work as community-builders to engage with students, faculty and alumni to support not only the growth of individual students, but of ITP itself as a fully engaged and influential member of the local and global community. Lisa J says, "I look forward to getting to know many other ITP graduates and together enjoying a strong, integrated, supportive alumni community." Valentine adds, "I am grateful for the opportunity to serve my Alma Mater in this way."



MARIE MAY



VALENTINE MCKAY-RIDDELL



LISA J FERGUSON ARTHUR

ALUMNI “DIP INTO THE WELL”

WITH NEW GATHERINGS

Alumni are gathering all over the Bay Area and beyond to connect with others who share transpersonal values, to visit with old friends, and to meet new ones. The setting is intimate, ITP-style, with an informal sharing circle that allows everyone the opportunity to talk about what is most important in their lives today and to reminisce about their ITP experience.

Initiated by ITP Board Chair and Alumna, Marilyn Manning (PhD '83) and Marie May (PhD '04), the format is taking off. Two gatherings were held last November, one this April and more are in the works. (See Upcoming Events on page 12).

Attendees have been enthusiastic, many volunteering to host a gathering themselves. Louanne Ellison-Cole (PhD '03) found the Santa Cruz gathering “...inspiring and delightful to be with ITP friends and classmates,” and immediately volunteered to host one herself.

If you would like to host one of these gatherings in your area, please contact Kaleo Waxman at kwaxman@itp.edu or (650)493-4430, ext. 269.



Board member Christian von Bogdandy hosts the first “Alumni Gathering” in November, 2006



This cohort gathers on an annual basis. L-R Jim Upton, Barbara Morrill, Alzak Amiani, Maggie Smith, Greg Galanti, Susan Hall, Trudi Opitz, Diana Gross

BITS AND BITES:

ALUMNI, DON'T MISS OUT ON CAREER RESOURCE CENTER SERVICES:

- Resume/curriculum vita evaluation and consultation
- Resources for career development including useful websites, books, and job-search materials
- DVDs and printed materials from on-campus workshops
- Monthly newsletter

For more information, check out the CRC link on Docutek (itp.docutek.com). Call 650-493-4430 x292, or email CRC@itp.edu.

JOIN THE ALUMNI ASSOCIATION (FREE) AND GAIN ACCESS TO ITP'S NEW COMMUNITY WEB.

This password-protected website is our community-wide communications hub. Special features of interest to Alumni include:

Alumni Lounge: An open forum for alumni only. This is a place to connect with other alumni to network, update your classmates and friends on what's going on in your life, or start up a discussion on a topic of interest.

Classifieds feature sections such as For Sale, Housing, and a Services section, which is a dedicated space where you may offer your services to the entire ITP Community.

Once you've joined the Alumni Association, a username and password will be emailed to you with instructions on how to login to this exciting online ITP community. For more information and assistance, email communityweb@itp.edu.

ALUMNI IN THE NEWS PH.D. ALUMNI PRESENT AT NEW ORLEANS APA CONFERENCE

Four alumni of the 2006 global doctoral program converged in New Orleans last August to participate in the American Psychological Association (APA) Conference. **Paul Broenen** of Minnesota, **Merry Coburn** of New York, **Aurora Hill** of Pennsylvania, and **Diane Rickards** of Canada presented their dissertation research and findings during a Student Poster Presentation and discussed the implications of their research for the field of transpersonal psychology. Themes were cultural awareness in white males, the transformational process of women Appalachian Trail thru-hikers, the experience of JOY through the memories of the women of one Pennsylvania Native American Indian community, and aspects of the feminine including the dark goddess revealed through WWII women spies, respectively.

Residential PhD alumna, **Sarah Burdge** (PhD '06), one of the Sydney Jourard Award winners for student research within the APA Division 32 (Humanistic Psychology), gave a brief presentation about her doctoral research. Her dissertation is entitled *The Relationship Between Spirituality and Peace Activism: Phenomenological Inquiry into the Experience of Peace Activists in Israel*. **Danielle Van Deventer**, (PhD '06) presented a poster on her doctoral research on *Transformational Volunteerism: Exploring Service as an Integral Component of Transpersonal Psychology*.

MORE REASONS TO JOIN ITP'S ALUMNI ASSOCIATION:

1. ITP'S FREE!

Join online at <http://www.itp.edu/alumni.aMembershipApp.cfm> OR <http://tinyurl.com/jp88z> or send an email to alumni@itp.edu

2. IT COMES WITH SOME GREAT BENEFITS!

For a complete listing of Alumni Association Benefits and Services, please visit the Alumni section at www.itp.edu.

A note from the ITP Librarians:

"The ITP Library is pleased to welcome ITP Alumni Association members as library patrons. Library privileges for Alumni Association members include check-out and hold requests on books and audio/video materials. We will be happy to provide reference help and interlibrary loan services, as time permits. We can provide access to electronic databases from the library's Computer Lab on campus, for alumni, but not remote access, as we are limited by contractual and license agreements with our database vendors."

HELP US KEEP IN TOUCH VIA EMAIL!

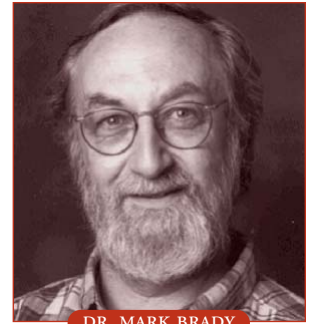
Please email us at alumni@itp.edu and help us stay in touch. You'll receive two Alumni Association and four Career Resource Center e-newsletters per year, plus important announcements such as the notice of ITP's new President, Dr. Thomas Potterfield. Don't miss out, send us an email today!

FEATURED ALUMNUS: DR. MARK BRADY

"If you want to completely avoid the inherent conflict in being a therapist, find some other way to make a living. Then do the therapy for free."

Apparently, I took to heart this directive from Dr. Kathy Speeth, my clinical practicum teacher at ITP in 1980. Even though I did everything necessary to be eligible for clinical licensing, I ultimately decided not to sit for the exam. For the last 30 years instead, I've been earning a living "providing shelter for people" (another directive from a Sufi teacher in 1975!) and doing volunteer "consulting" at different nonprofits all around the peninsula.

Recently I discovered the single thread that has consistently run through my research, writing and volunteer activities – pediatric bereavement. It was out of the profound experiences of sitting with kids and parents who had lost loved ones at Kara, a grief counseling agency in Palo Alto, that I first decided to research and teach listening skills.



DR. MARK BRADY

"Once a parent sees how effective practicing and learning one or two of the skills in this book is, it inspires their desire to learn more, not only for their child's sake, but for their own as well."

Subsequently, I invited a group of hospice workers and death educators whom I deeply respected and admired to contribute pieces to my 2003 anthology, *The Wisdom of Listening*. The pediatric bereavement theme is also apparent in the work I'm currently doing with ITP Global Ph.D. students, and in the subsequent books I've published most recently, *A Little Book of Listening Skills* and *A Little Book of Parenting Skills* (You can download free review copies here: <http://www.paideiapartners.com/page4.html>).

Pediatric bereavement also fuels my current passion for research in interpersonal neurobiology, somatic psychology, and traumatology and underlies the research I'm doing for a new book with the working title, *The Body-Snatcher Syndrome: How Unresolved Trauma Fuels Untold Pain and Drama in Our Lives*. If this current path continues much

longer, and I continue to feel the excitement and the soul-stirring depths in living each day, the only ethical course of action for me will be to begin paying the "clients."

– Mark Brady

CLASSNOTES

1980s

Dr. John Amodeo (PhD '81) is author of *The Authentic Heart: An Eightfold Path to Midlife Love* (2001) and *Love & Betrayal* (1994) and is coauthor of *Being Intimate* (Arkana/Penguin 1986). He has been a psychotherapist for 25 years, immersing himself in Buddhism and spiritual wisdom for over 30 years. Moreover, John is a faculty member of The Institute of Imaginal Studies and was a writer and contributing editor with *Yoga Journal* for ten years. He has been interviewed or written articles for publications that include *The Chicago Tribune* and *The Dallas Morning News*.

Mara Lindstrom, (MATP '81, aka **Beverly Alverson** or **Inger Crescent-Moon**) has had the same name for 23 years and is married to Dr. Philip Lindstrom (son of transpersonal psychologist and author, Aminah Raheem). They have a 16-year-old daughter, Lauren, and live in Santa Cruz where she has an MFT practice. She's excited about her body-oriented psychotherapy work and Byron Katie's work, and would love to see old school mates when you come to Santa Cruz.

Marilyn Manning (PhD '83) just released her new book, *The Communication Coach* (More

information at www.TheConsultingTeam.com), and was even more thrilled by the birth of her first grandchild, a healthy boy named Jasper (He'll be applying to ITP ASAP.) Marilyn continues to love her work as chair of the ITP Board of Trustees and welcomes your input (m@theconsultingteam.com) during these exciting times of change and growth. She is the internationally recognized author of seven business books and specializes in issues of Leadership, Teamwork, Conflict Mediation, Executive Coaching, Meeting Facilitation, Strategic Planning, and Communication, with 82% of her work repeat business.

Nisha Zenoff (PhD '86) recently moved back to Menlo Park after living on the Oregon coast and in Marin County. She is joyously married to Steve Tennis (wedding officiated in 2002 by former ITP faculty member, June Singer)! She has a transpersonal therapy practice in Menlo Park with adults and couples, where she has added EMDR to her process-oriented approach. She visited Joao de Deus (healer) in Brazil with ITP friends and colleagues, Flo and **John Mizelle** (MATP '84). They ran into **Emma Bragdon** (PhD '87) there! Nisha says some of her ITP friends are among the most important people in her life. "Life is full of blessings! I am deeply grateful."

Ann Langley (PhD '88) is in private practice in Redwood City with over 20 years experience as a Marriage Family Therapist. She is a fourth year candidate at the Psychoanalytic Institute of Northern San Francisco and is currently available for individual consultation/supervision to therapists. She is forming a consultation group (with clinical reading and case presentations) for therapists which will hold weekly meetings.

1990s

Sister Marguerite Buchanan (MATP '90) initiated a transition home for women newly released from incarceration three years ago called SVdP's Catherine's Center. It is located in San Mateo County and is sponsored by the Society of Saint Vincent de Paul in collaboration with the Sisters of Mercy. It has already been very successful in reversing the recidivism rate of 80%. Women who complete the program do not return to incarceration, are reunited with their children and are becoming productive members of society. For more information, please e-mail mbuchanan@mercyburl.org.

For the last seven years, **Susan Hall** (MACP '92) has been specializing in Craniosacral Therapy and SomatoEmotional Release work – bodywork that integrates her ITP skills and knowledge with hands-on body therapy. She has a private practice in Menlo Park and is also teaching Craniosacral Therapy for The Body Therapy Center in Palo Alto, The Upledger Institute, and the Healing Arts Institute in Citrus Heights, CA. "With my partner John, I am also raising my wonderful son Gabriel, now 13 years old and thriving at Peninsula School. Life is very full and very good."

Since graduating from ITP, **Perrin Elisha** (MATP '99) received her doctoral degree in depth/clinical psychology from Pacifica Graduate Institute where her dissertation explored a special interest in the mind-body and spirit-matter relationship in psychoanalytic theory and practice. She is a Licensed Professional Counselor and National Board Certified Counselor in private practice and is completing her post-doctoral fellowship at the Wright Institute in Los Angeles where she works with adults with eating disorders. She has also worked with children and their families doing psychological assessment, play therapy, sand play therapy, and talk therapy.

2000s

Sophie P. Giles (PhD '00) enjoys her private practice in Los Gatos where she is a Licensed Psychologist with a Jungian orientation. She specializes in working with adults experiencing life transitions such as career change, divorce, remarriage, grief, and retirement and will be offering a class on dreamwork in Saratoga this fall. She enjoys relaxing with her two dogs and two cats.

Marco Ho (CERT '01) is living in Brazil where he has changed his career from banker to healer. He now works as a Life Coach Consultant, "serving as a sounding board and object of transference for hard working, stressed executives seeking happiness." He is also taking the four-year Barbara Brennan School of Healing course.

Frank White (PhD '02) is beginning his second year as a professor at Salish Kootenai College in Pablo, Montana. He is really enjoying mentoring and teaching, especially Theories of Consciousness and Brain Function, and Abnormal Psychology. He conducted a well-received in-service for fellow faculty and staff this year on Healthy Lifestyles and Choices. He and his wife, Carol-Lynne Toleno, met family and friends in Prague for three weeks this summer. Among his many interests, he is working on a couple of art pieces for his two daughters, in the art nouveau style.



Members of the entering Class of '88, L-R: Paula Yue, Barbara Morrill, Linda Anderson Riggenschach, Susan Hall, Diana Gross, Greg Galanti

Please send your ClassNotes news to alumni@itp.edu. Feel free to include photos and let us know if we can post them via email newsletters, hardcopy newsletters, and/or the website!