

Connections

an ITP community newsletter Spring 2006

IN MEMORY OF ERNEST MOORE

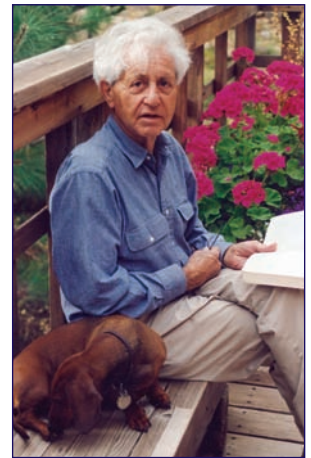
NEW STUDENT SCHOLARSHIP FUND

BY TRACY BYARS

Ernest Moore would be pleased to know that an endowed student scholarship fund has been established in his name to support the students of ITP. Started this year with \$50,000 from ITP, additional gifts in memory of Ernest have brought the total fund to nearly \$80,000. As an “endowed” scholarship fund, only the interest will be used for scholarships each year, enabling the Ernest J. Moore Scholarship Fund to serve students as long as ITP exists.

Relatively few of us in the ITP community were lucky enough to know Ernest Moore. I met him only once, and although our meeting was brief, I was struck by his kind and gentle nature. It was not until after his death at the age of 86 on November 18th last year that I learned what an amazing soul he was.

Ernest was a devoted husband, father and grandfather, and according to Bob Schmitt, who knew him well, “He was an example of that wonderful dance where someone both blesses and is blessed by ITP.”



Continued on page 3



A LETTER FROM PRESIDENT ROBERT SCHMITT CELEBRATING 30 YEARS OF TRANSPERSONAL EDUCATION

It is celebration time! Join us at ITP's 30th Anniversary Gala on June 16th at the Palo Alto Women's Club, where we will honor our Founding Vision, Current Leaders and Future Dreams. We're also celebrating our anniversary with the launch of this newsletter, the “Connection.” We want you to feel more connected to and a greater part of the ever-expanding ITP community.

Since its humble beginnings, ITP has grown from a handful of students to over 400 total residential and global students on an annual basis. However, enrollment is only one part of the equation in its success. The other part is you, alumni and friends of ITP. We are grateful for your ongoing support, which makes all the difference in shaping ITP's future.

There are many ways you can participate in determining the future for ITP. A contribution to the Annual Fund will help strengthen our program offerings, attract and retain key faculty, and free up more funds for student scholarships. A gift to the new Ernest Moore Endowed Scholarship fund will help attract and retain talented students for years to come. You also have the opportunity to support research in Transpersonal Psychology with a gift to the Charles T. Tart Endowed Chair, or to specific research in the area of Spirituality and Health or to the Psychomanteum.

There are many ways to support ITP, including monetary gifts or bequests, as well as referring people to our Counseling Center, volunteering to help with events, or introducing potential donors to ITP.

We are deeply grateful for all the wonderful support we've received during ITP's first thirty years, and we look forward to an ever-expanding ITP community committed to transformative education and research in transpersonal psychology.

With warm regards,

Bob Schmitt

TABLE OF CONTENTS

In Memory of Ernest Moore1
 Letter from the President1
 Students Receive Funding2
 Spotlight on Marilyn Manning3
 Volunteer Opportunities4
 Staff Spotlight4
 Founder’s Vision (Then & Now)5
 Alumni Remember6
 30th Anniversary Honor Roll of Donors ..7
 Upcoming Events12

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STUDENTS FIND FUNDING FOR BREAKTHROUGH RESEARCH ON LIFE AND DEATH ISSUES

BY ELAINE SCHMITZ

In ITP’s tradition of dissertation research excellence, three students in the residential PhD program have pursued and received grants for their studies. Arielle Warner, Ivana Steigman, M.D. and Daniel Gaylinn all attended ITP to combine spirituality with the study of clinical psychology. They exemplify the quality of ITP students and the possibilities in being true to one’s dreams.



ARIELLE WARNER

Arielle Warner, a fifth year PhD student from Israel, is pursuing a PhD in Transpersonal Psychology with Clinical and Spiritual Guidance certifications. Her dissertation is “The Psycho-Spiritual Well-Being of Women Diagnosed with Breast Cancer Who Participated in a Yoga-based Stress Reduction Course, ‘The Art of Living’”.

Her research on 26 women diagnosed with breast cancer within the last 5 years addresses the psychosocial intervention of an Art of Living course by Sri Sri Ravi Shankir (www.artofliving.org). It employs a breathing technique called Sudarshan Kriya, shown to reduce stress and improve well-being. Unpublished research findings indicate significant improvement for all selected measures.

Although the Art of Living offered to underwrite training costs, Arielle incurred sizeable research costs. To cover them, Arielle sought funding by distributing an informational packet, with endorsement letters from Kathleen Wall, her committee chair, and Bob Schmitt. Arielle and Dr. Wall then created the Spirituality and Health Fund to support her research and future student research in spirituality and health. (The ITP fund, supervised by Dr. Wall, accepts restricted donations through ITP.)

“I’m very grateful and happy to be getting my degree from ITP”

Her dissertation committee and ITP’s Office of Institutional Advancement (OIA) teamed with Arielle in her fundraising efforts. “I’m very grateful and happy to be getting my degree from ITP,” says Arielle.

Arielle received a large contribution to the fund from the Robbins Family Fund, (part of the Jewish Endowment Fund of San Francisco), which covered her research costs. The Robbins family felt honored to contribute to her project.

With her extensive data, Arielle plans to share findings beyond the dissertation through publication and presentations. After graduation she plans to conduct a six month follow-up assessment to test the intervention’s sustained effect. She also plans to repeat the study on a larger scale with a control group, and perform an international study involving Israelis and Palestinians participating together in the breast cancer intervention, and extending the intervention to a peace process. She is also pursuing plans to film her research. She has found a volunteer film-maker and is seeking further grant funding.

Ivana Steigman, MD, a fourth year PhD student from the Czech Republic, is pursuing her doctorate in Clinical Transpersonal Psychology with TERS and Spiritual Guidance certifications. While witnessing the often silent or ignored confrontations with mortality by the many cancer patients she treated, Ivana recognized the effect this awareness can have on the quality of one’s life and death. The topic of death and dying inspired her dissertation: “The effects of death awareness on the quality of life, personal and spiritual development.”



IVANA STEIGMAN

While interviewing hospice patients for her research, Ivana found that many issues and insights about their existential quests concerned life, not death, but about living and dreaming to their fullest capabilities and potentials. This discovery turned her research toward developing a novel, experimental documentary, "In the Heart of the Deathless," a possible resource for those exploring questions of mortality and life. In it she hopes to capture what the terminally ill, as well as renowned teachers and scholars, teach us about being fully alive and human. It will also challenge some traditional medical structures that may ignore these significant issues.

In fulfilling her vision, Ivana collaborated with **Daniel Gaylinn**, another fourth year PhD student pursuing a doctorate in Clinical Transpersonal Psychology with TERS certification. He is also Executive Director of the Association for Transpersonal Psychology (ATP) and has studied filmmaking at Oberlin College, New York University, and Northwestern University. Last fall they shared their vision with faculty members, Olga Louchakova, MD/PhD and Fred Luskin, PhD, who supported the project and suggested they seek funding. Assisted by ITP's Office of Institutional Advancement and ATP's co-president, Stuart Sovatsky, PhD, Ivana and Dan applied for a grant from the Lloyd Symington Foundation, a family foundation specializing in visionary and revolutionary projects that celebrate the lives and deaths of the cancer population. ITP and ATP's support of the project helped them obtain the grant, which in turn helped them purchase film equipment, develop a website, and travel to interview those who agreed to be in the film.



DANIEL GAYLINN

While they produce the film, Ivana and Dan continue to seek additional funding. They plan to finish the film before graduating, as the beginning of a larger vision about research and creating practices in terminal care and the field of personal evolution, helping people to become fully alive while serving others. For more information about the film see www.authentic-unifying.com/film.html.

Arielle, Ivana, and Dan all model ITP's standards of academic excellence and spirit of service. They are inspirations to what can be accomplished through personal vision, hard work, and courage.

SPOTLIGHT ON MARILYN MANNING

CHAIR, ITP BOARD OF TRUSTEES



ITP is fortunate to have Dr. Marilyn Manning as the Chair of its Board of Trustees. She is a dynamic and creative leader and a graduate of ITP, having earned her Ph.D. in 1983. For more than 20 years, Marilyn has been a consultant to organizations such as Hewlett-Packard, AT&T, General Electric, VISA, General Motors, United Airlines, Apple Computer, and government and non-profit organizations, helping them resolve difficult strategic and organizational issues. She successfully integrates her transpersonal values with the challenges and needs of the business community, enabling people and organizations to become more effective at resolving conflict, developing leadership, and implementing change.

Dr. Manning is also a professional speaker, and has delivered over 1000 educational and motivational speeches to more than 400 clients. She is a long-time member of the National Speakers Association and has served as the president of its largest chapter. She has also applied her communications skills with her practical experience and research of organizational psychology to write over 50 articles and seven business books, which have been published in eight languages.

Marilyn has served on the ITP Board of Trustees for 11 years this July, working on the Trustee Committee and the Development Committee, as well as instituting board assessment procedures. As the Chair of the Board for the last 2 years, Marilyn has been instrumental in many positive changes, including recruiting many new and highly qualified board members and spearheading ITP's involvement in the Association of Governing Boards. ITP is very grateful to Marilyn for her leadership and hard work.

ERNEST MOORE

continued from page 1

After earning a PhD in Electrical Engineering from U.C. Berkeley, Ernest served as an executive at SRI International in Menlo Park for nearly 35 years before retiring and becoming president of ITP in 1983.

During his tenure as President of the Institute Ernest was responsible for strengthening ITP's structure and beginning the process to gain WASC accreditation. In 1989, when Ernest retired as President, he was awarded an honorary doctorate degree in Transpersonal Management and stayed on as a member of the Board of Trustees.

In the early 90's he returned as president of the Board briefly, during a difficult time of transition for ITP. Ernest served as a productive and faithful member of the Board until his death last November. He wrote in his autobiography that his years at ITP, "enriched his life in ways he did not dream were possible."

Please contact me at 650-493-4430 x 267 or tbyars@itp.edu for more information about the Ernest J. Moore Endowed Scholarship Fund.

VOLUNTEER OPPORTUNITIES

Come join the fun, make a difference, and reconnect with your ITP classmates and members of the ITP community... VOLUNTEER!

We need volunteers immediately to help with:

THE NEW ITP ONLINE AUCTION to raise money for student scholarships

(Live online May 22 – June 14)

- Solicit sponsorships
- Build the auction catalog with donations of auction items
- Input data, and update the auction website

THE 30TH ANNIVERSARY GALA June 16th

- Plan and decorate the ballroom
- Help with the LIVE/SILENT Auction at the event
- Help with registration and attend the event: Free if you work that evening!

THE ONGOING “FRIEND-RAISING” PHONE-A-THON:

Join staff, alumni, students and Board members in a monthly phone-a-thon NOT to solicit donations but to update our database, reach out to alumni, and raise some FRIENDS! Pizza dinner, camaraderie, and fun included. Last Tuesday evening of each month from 5 to 8pm.

To volunteer for these opportunities or to find out more about them, contact Tracy Byars, Director of Institutional Advancement, at 650-493-4430 x 267 or tbyars@itp.edu.

STAFF SPOTLIGHT

ON DIRECTOR OF INSTITUTIONAL ADVANCEMENT

TRACY BYARS, MATP 2005:



Tracy Byars has served as Director of Institutional Advancement at ITP since September, 2005. Prior to joining ITP’s staff, Tracy was a residential master’s student (MATP, 2005), professional fundraiser, and Interim Executive Director for the Horse Park at Woodside. In 1999, after more than ten years in the corporate sector, she became a marketing and fundraising consultant to both for-profit and non-profit organizations.

Tracy’s path led her to ITP in 2003. After therapy, personal growth work, and personal experiences of the Divine, she had come to the conclusion that psychology and spirituality were inextricably linked.

Despite deferring her entry to the Residential Master’s program in 2002 because of her Executive Director position at the Horse Park, she didn’t change her mind about ITP. She started the program in 2003 and loved it. She shared, “As a ‘process junkie’, I felt right at home with experiential classes like Creative Expression, Mind-Body Approaches, Psychodrama, and Aikido.”

After the first year of the program, Tracy began questioning her original intent to earn a clinical degree, and true to ITP form, opened herself to possibility – to stepping into the flow – and created a new intention: “I want to marry my marketing, sales, and nonprofit fundraising experience with my degree in Transpersonal Psychology and work in an organization dedicated to psychological and spiritual healing.” She tested her belief in what is possible, and here she is.

Her purpose in coming to work here is to help ITP realize its potential. She feels that it won’t be done overnight, but through a slow and steady growth in involvement of students, alumni, faculty, staff, volunteers, and friends of ITP. In doing so, she believes “we will all reap the benefits in more ways than we can even imagine.”



Welcome to the first issue of the newly resurrected “Connections” newsletter. We hope you enjoy it. Please feel free to email Tracy Byars at tbyars@itp.edu with suggestions or submissions.

“My purpose in coming to work here is to help ITP realize its potential... we will all reap the benefits in more ways than we can even imagine.”

FOUNDER'S VISION (THEN AND NOW)

AN INTERVIEW WITH BOB FRAGER AND JIM FADIMAN

Q: What was your founding vision for ITP?

JF: ITP was started by an idea. The idea was not to start a school at all, but simply to envision the ideal graduate education. We had been through Stanford and Harvard — supposedly as good as education gets. But we didn't think it was very good. We actually hadn't the faintest interest in establishing an educational institution, let alone an alternative one. But we published a vision, and people wanted to know, "Where is this school?" Bob's karmic destiny was to bring that form into matter. Thus, ITP was born.



ROBERT FRAGER

BF: ITP started as the first educational institution totally devoted to Transpersonal Psychology. Our notion was that the emerging field would be served by faculty, students, and a curriculum devoted to Transpersonal Psychology. The field was very young when ITP began. The Association of Transpersonal Psychology was first discussed in 1969 and convened its first meeting in 1971.

Q: What was ITP like in the early years?

JF: The ITP education was more abstract in the early years. We needed to pay more attention to practice, to working "the transpersonal way," and to giving our students a larger range of options than they had when they arrived. It was not just about training students to become clinicians. In the beginning, most students were older and were looking for a change of career. We had lots of priests, nuns, and lawyers.



JAMES FADIMAN

BF: ITP developed a tripartite model of education: 1) Academic — backed by academic integrity, support, and training; 2) Professional — training and tools for the real, practical world; and 3) Inner development — enhancing the capacity for inner transformation and enabling the same in others. Conventional graduate schools don't allow students to change. ITP set out to create an environment in which people can try out new behaviors and be transformed.

Q: What's your future vision for ITP?

BF: I still have an exciting vision for ITP. First, it's that we do those three aspects even better. Beyond that, my vision is for ITP to become a world class organization. We could set up research centers dedicated to cutting-edge research. These centers would be both practice-oriented and service-oriented. I'd like us to develop the Psychomanteum; that will attract people nationally and internationally. We've worked for many years with addictions, but our opportunity is to develop a transpersonally-oriented approach. Two of our students are currently doing very progressive work with addictions; very sophisticated research coming from a spiritual perspective. We're working now on developing a spiritual guidance program for the elder population, which is extremely underserved.

JF: Our clinicians are better, so we've realized our first vision. Now it's time for a new vision. ITP offers some of the best research and education in the world, and it's time now to launch some programs that demonstrate that.

BF: We see that ITP has both feet well rooted. So, are we ready to take the next ambitious step? For example, we're developing a website to offer spiritual guidance to anyone — "spiritualguidance.us". The question is whether ITP can support such innovative new programs to become a world class organization.

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ALUMNI REMEMBER...

BY F. KALEO WAXMAN

On Friday, June 16, the Institute of Transpersonal Psychology will celebrate its 30th Anniversary by remembering its past, celebrating the present, and envisioning its future. With this in mind, we invited two early ITP alumni to share their memories of what the school was like in those early years.

“As I look back, I see that I was introduced to an amazing variety of spiritualism in the classes and interacted with remarkable people during my years at ITP,” reminisced Dr. Raj Secura, MA ‘78, PhD ‘84. “However what I remember the most, was that the school was charged with chaotic energy, which transformed into dynamic energy, which coalesced into the beautiful form of ITP.....a true transpersonal experience.”

Dr. John Amodeo, MA ‘78, PhD ‘81, declared that the essence of ITP could be found during the community meals. “It was a time when we processed our feelings towards each other, where we emphasized our personal growth, and we were authentic with ourselves and the group. It is this memory which stays with me always, since it’s a reminder to me to continue in my personal growth and therefore, allows me to be more effective in the field of psychology.”

Come share memories about ITP with Raj, John, and other alumni at the upcoming 30th Anniversary event this June.

“I see that I was introduced to an amazing variety of spiritualism in the classes and interacted with remarkable people during my years at ITP”



DON'T MISS OUT...

Join your classmates, faculty and ITP family for a night of dinner, dancing and fun at ITP's 30th Anniversary Gala Celebration:

Founding Vision, Current Leaders & Future Dreams

Friday, June 16th, 2006
5:30 pm to 11:00 pm

At the Palo Alto Women's Club
475 Homer Avenue
Palo Alto, California

Watch for your invitation and please RSVP by May 19th.

For more information, please contact Julia Paul at jpaul@itp.edu or at (650) 493-4430, ext. 219.

Photos from top to bottom: (1) Evening Masters students relax in the lounge. (2) L - R Janice Robinson, Thea Crossley, Michael Hewett, and Sandra Steinbach Humphrey in group process. (3) Students chat before class. (4) Bob Frager instructs Krista Regedanz in the use of the "Bokken" in Aikido class. (5) Ah... the joy of graduating!

ITP 30TH ANNIVERSARY HONOR ROLL OF DONORS

THANK YOU FOR YOUR SUPPORT

Gifts from alumni, faculty, staff, friends and trustees, along with grants from foundations, corporations and businesses are vital to ITP's growth, stability and long-term success. We are pleased to acknowledge the many members of the ITP community who have supported the institute over the past thirty years. Happy 30th Anniversary ITP!

We apologize in advance for any inadvertent errors in listing your name. Please contact Julia Paul, who is currently updating our database, at 650-493-4430 x 219 or jpaul@itp.edu with corrections. For questions about the Honor Roll of Donors or to inquire about making a gift to ITP, contact Tracy Byars, Director of Institutional Advancement at 650-4943-4430 x 267 or tbyars@itp.edu.

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UPCOMING EVENTS

ITP TO CELEBRATE 30TH ANNIVERSARY WITH GALA EVENT JUNE 16TH

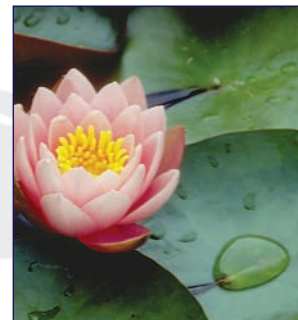
Don't miss our 30th Anniversary Gala June 16th at the Palo Alto Women's Club. Join your ITP friends and classmates for a wine reception with a silent auction, dinner, dancing, and fun, as well as a program entitled "Founding Vision, Current Leaders, Future Dreams". Space is limited, so reply early. For questions about the event, contact jpaul@itp.edu.

NEW ONLINE AUCTION! - MAY 22 THROUGH JUNE 14

Watch for emails about it. The online auction will...

- Raise money for student scholarships
- Include our Global and Residential alumni from around the world
- Involve people from outside the ITP Community
- Combine with live silent auction at 30th Anniversary event
- Offer lots of fun and interesting items!

Don't miss out. Make sure we have your email address to send you announcements and instructions to bid for amazing and wonderful items. Send an email to jpaul@itp.edu (subject: "Online Auction").



To receive this newsletter via email (PDF format), please email jpaul@itp.edu.



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